



SEPTEMBER 2025

Mt. Pleasant Jr High

PICK 3
AND EAT FREE
EVERYDAY!!!

Monday

**HAPPY
LABOR
DAY**

1

Tuesday

Macho Chili Burrito
Spanish Rice
Corn
Chara Beans
Salsa
Plum

2

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Carrots
Diced Peaches

3

Thursday

Orange Chicken
Broccoli
Rice
Breadsticks
Apple Wedges

4

Friday

Steak Fingers
Mashed Potatoes
Gravy
Roll
Orange Wedges

5

Chicken Alfredo
Breadstick
Broccoli
Apple Wedges

8

Chicken Quesadilla
Chara Beans
Spanish Rice
Salsa
Mixed Fruit Cup

9

BBQ Pork on Bun
Steamed Carrots
Watermelon Chunks

10

Beefy Mac & Cheese
Breadstick
Simple Salad
Blueberries

11

Cheeseburger
Tater Tots
Pickles
Sandwich Salad
Condiments
Orange Wedges

12

Popcorn Chicken
Mashed Potatoes
Gravy
Roll
Ketchup
Diced Pear Cups

15

Locos Tacos
Refried Beans
Apple Wedges
Salsa

16

Pizza Choice
Green Beans
Sidekicks

17

Corn Dog/Fish on Bun
Macaroni & Cheese
Broccoli
Ketchup
Pineapple Tidbits

18

Cheeseburger
Sweet Fries
Pickles
Sandwich Salad
Condiments
Mixed Fruit Cups

19

Cheese Stick
Marinara Sauce
Green Beans
Diced Pear Cup

22

Pork Carnita Taco
Street Corn
Pineapple Tidbits

23

BBQ Rib Patty on Bun
Steamed Carrots
Tater Tots
Sidekicks

24

Chicken Spaghetti
Breadstick
Broccoli
Simple Salad
Orange Wedges

25

NO
SCHOOL

26

Oven Fried Chicken
Mashed Potatoes
Gravy
Roll
Sidekicks

29

Macho Chili Burrito
Spanish Rice
Chara Beans
Salsa
Apple Wedges

30



Daily Lunch Menu Options are: Milk Choice, Juice Choice, Vegetable Bar, Pizza, Cheeseburger, Hot & Spicy Chicken Sandwich, Popcorn Chicken, and Assorted Fresh Fruit.

Menu Subject to Change

This Institution is an Equal Opportunity Provider

