



# SEPTEMBER 2025

## Mt. Pleasant High School/DAEP

PICK 3  
AND EAT FREE  
EVERYDAY!!!

Monday



1

Tuesday

Macho Chili Burrito  
Spanish Rice  
Corn  
Chara Beans  
Tortilla Chips/Salsa  
Plum

2

Wednesday

Cheese Sticks  
Marinara Sauce  
Steamed Carrots  
Diced Peaches

3

Thursday

Orange Chicken  
Broccoli  
Rice  
Breadsticks  
Apple Wedges

4

Friday

Steak Fingers  
Mashed Potatoes  
Gravy  
Roll  
Orange Wedges

5

Chicken Alfredo  
Breadstick  
Broccoli  
Apple Wedges

8

Chicken Quesadilla  
Chara Beans  
Spanish Rice  
Salsa  
Mixed Fruit Cup

9

BBQ Pork on Bun  
Steamed Carrots  
Watermelon

10

Beefy Mac & Cheese  
Breadstick  
Salad  
Blueberries

11

Cheeseburger  
Tater Tots  
Pickles  
Salad  
Condiments  
Orange Wedges

12

Popcorn Chicken  
Mashed Potatoes  
Gravy  
Roll  
Ketchup  
Sidekicks

15

Locos Tacos  
Refried Beans  
Apple Wedges  
Salsa

16

Pizza Choice  
Green Beans  
Sidekicks

17

Corn Dog/Fish on Bun  
Macaroni & Cheese  
Broccoli  
Ketchup  
Apple Wedges

18

Cheeseburger  
Sweet Fries  
Pickles  
Sandwich Salad  
Condiments  
Mixed Fruit Cup

19

Cheese Stick  
Marinara Sauce  
Green Beans  
Diced Pear Cup

22

Pork Carnita Taco  
Street Corn  
Pineapple Tidbits

23

BBQ Rib Patty on Bun  
Steamed Carrots  
Tater Tots  
Sidekicks

24

Chicken Spaghetti  
Breadstick  
Broccoli  
Simple Salad  
Orange Wedges

25

NO  
SCHOOL

26

Oven Fried Chicken  
Mashed Potatoes  
Gravy  
Roll  
Sidekicks

29

Macho Chili Burrito  
Spanish Rice  
Chara Beans  
Tortilla Chips/Salsa  
Apple Wedges

30

Daily Lunch Menu Options are: Milk Choice, Juice Choice, Vegetable Bar, Pizza, Cheeseburger, Hamburger, Tex-Mex Bar, Asian Chicken Bar, Baked Potato, Hot & Spicy Chicken Sandwich, Sandwich Bar, Salad Bar, Assorted Fresh Fruit, ISS Lunch: Ham on Bun, Chips, Bean Dip, Salad, Celery Sticks, Apple, Milk Choice. **The DAEP is menued as above.**

Menu Subject to Change  
This Institution is an Equal Opportunity Provider

