



SEPTEMBER 2025

Mt. Pleasant High School/DAEP

PICK 3 AND EAT
BREAKFAST
FREE EVERYDAY!!

Monday

Tuesday

Wednesday

Thursday

Friday



1

Extravaganza & Toast
Jelly
Diced Peaches
Juice

2

Chicken & Biscuit
Gravy
Jelly
Juice

3

Dutch Waffles
Strawberries
Juice

4

Cereal Choice
String Cheese
Banana
Juice

5

8

PBJ Uncrustable
Craisins
Juice

9

Sausage & Biscuit
Gravy
Jelly
Diced Pears
Juice

10

Breakfast McGriddle
Orange Wedges
Juice

11

Strawberry Yogurt Parfait
Apple Wedges
Juice

12

Cereal Choice
String Cheese
Banana
Juice

15

Breakfast Wrap
Salsa
Applesauce
Juice

16

Breakfast Pizza
Pineapple Tidbits
Juice

17

Morning Sausage Roll
Mustard
Diced Pears
Juice

18

French Toast Sticks
Syrup
Apple Wedges
Juice

19

Strawberry Yogurt Parfait
Apple Wedges
Juice

22

Chicken & Biscuit
Gravy
Jelly
Mixed Fruit Cup
Juice

23

Extravaganza & Toast
Jelly
Mandarin Oranges
Juice

24

PBJ Uncrustable
Applesauce
Juice

25

Breakfast McGriddle
Apple Wedges
Juice

26

NO
SCHOOL

29

Sausage & Biscuit
Gravy
Jelly
Mixed Fruit Cup
Juice

30

Breakfast Pizza
Diced Pears
Juice



Daily Breakfast Menu Options are: Breakfast Pizza, Cinnamon Roll w/Animal Crackers, PBJ, Pancake Sausage on a Stick
Milk Choice Offered Daily

Menu Subject to Change
This Institution is an Equal Opportunity Provider

