

MOUNT PLEASANT ISD CHILD DEVELOPMENT CENTER WEEKLY INSTRUCTION

3-YEAR-OLD PRE-K

DATE
MAY 18 -MAY 22

PARENT RESOURCES

Hands on As We Grow Activities Preschool
English

<https://handsonaswegrow.com/activities/preschool-activities/>



ASQ 3 Parent Activities
English

<http://archive.brookespublishing.com/documents/asq-activities.pdf>



CLI Engage Family Resources

<https://cliengage.org/public/tools/materials/covid-19-family/>



SCHOOL READINESS DOMAINS

SOCIAL EMOTIONAL-

Social development refers to a child's ability to create and sustain meaningful relationships with adults and other children.

APPROACHES TO LEARNING-

The Approaches to Learning domain incorporates emotional, behavioral, and cognitive self-regulation under a single umbrella to guide teaching practices that support the development of these skills.

LANGUAGE & LITERACY-

Language development refers to emerging abilities in listening and understanding (receptive language) and in using language (expressive language).

COGNITION- Children play an active role in their own cognitive development by exploring and testing the world around them, but they also need support from parents, teachers, and other adults.

PERCEPTUAL, MOTOR, & PHYSICAL DEVELOPMENT-

Perception refers to children's use of their senses to gather and understand information and respond to the world around them. Gross motor skills refer to moving the whole body and using larger muscles of the body, such as those in the arms and legs. Fine motor skills refer to using the small muscles found in individual body parts, especially those in the hands and feet.

MOUNT PLEASANT ISD CENTRO DE DESARROLLO INFANTIL INSTRUCCIONES SEMANALES

3-YEAR-OLD PRE-K

FECHA
18 DE MAYO-22 DE MAYO

RECURSOS PARA PADRES

Actividades prácticas a medida que crecemos para preescolar
Inglés

<https://handsonaswegrow.com/activities/preschool-activities/>



ASQ-3 actividades de los padres
Spanish

<http://archive.brookespublishing.com/documents/asq-activities-spanish.pdf>



CLI Engage Family Resources

<https://cliengage.org/public/tools/materials/covid-19-family/>



DOMINIOS DE PREPARACIÓN ESCOLAR

SOCIAL EMOCIONAL-

El desarrollo social se refiere a la capacidad del niño para crear y mantener relaciones significativas con adultos y otros niños.

ENFOQUES DE APRENDIZAJE-

El dominio de enfoques para el aprendizaje incluye la autorregulación emocional, conductual y cognitiva bajo un solo paraguas para guiar las prácticas de enseñanza que apoyan el desarrollo de estas habilidades.

LENGUAJE Y ALFABETIZACIÓN-

El desarrollo del lenguaje se refiere a las habilidades emergentes en escuchar y la comprensión (lenguaje receptivo) y en el uso del lenguaje (lenguaje expresivo).

COGNICIÓN- Los niños juegan un papel activo en su propio desarrollo cognitivo explorando y probando el mundo que los rodea, pero también necesitan el apoyo de padres, maestros y otros adultos.

DESARROLLO PERCEPTUAL, MOTOR Y FÍSICO-

La percepción se refiere al uso que hacen los niños de sus sentidos para reunir y comprender información y responder al mundo que los rodea. Las habilidades de motoras gruesas se refieren al uso de los músculos de todo el cuerpo y usar los músculos gruesos como las de los brazos y piernas. Motoras finas se refiere a los músculos pequeños que se encuentran en partes individuales del cuerpo, especialmente en las manos y los pies.

Together-Time Activities

Week 8

Outside the Home

The outdoors! Children should go outdoors every day for exercise, fresh air, and fun. You and your children will have greater freedom outdoors to jump, hop, swing, look, and listen. Let your children make noise! Remind them about any rules you have for playing outside.

Talk about all the things you and your children see in the sky, near the house or apartment

- Colors
- Bright sun
- Moon
- Neighbors
- Cars
- Shapes
- Dark clouds
- Stars
- Snow
- Houses

Help your children find animals and insects.

- Tell your children the names of the animals and insects they see and hear.
- Ask your children where they think the animals live, how the insects build their homes, where they get their food.

Help your children dig and plant a garden.

- Talk about each tool you are using and what it does.
- Look at seed packages and vegetables in the grocery store. Then, decide what to plant: radishes, carrots, and other things that grow fast and that you and your child like are best.
- Remind your children to water the growing plants.

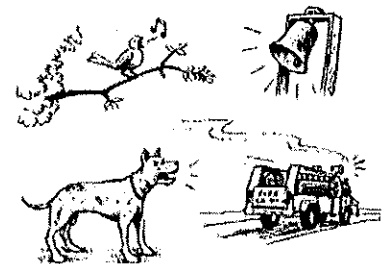
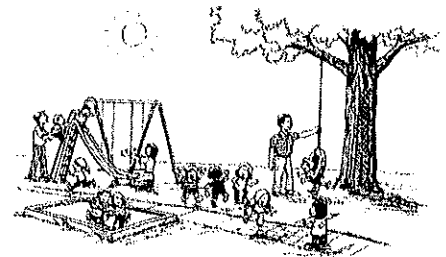
Look up toward the sky at different times of the day with your children.

- Talk about the ways that trees bend and what the clouds look like.
- Look for changes over time—how are the leaves different in the fall from the spring? Are there more or less birds in the sky now than there were last month? Listen for sounds outside.

- Ask your children to talk about the sounds they hear and where they might be coming from.
- Ask them to name sounds that are the same as inside sounds, different from inside sounds.

Encourage your children to describe all the things they feel or experience.

- Rough trees
- Blowing wind
- Slippery mud
- Smooth stones
- Warm air
- Cold rain



Actividades para realizar juntos

Week 8

Fuera del hogar

¡Al aire libre! Los niños deben pasar tiempo al aire libre todos los días para hacer ejercicio, tomar aire fresco y divertirse. Usted y sus hijos tendrán mayor libertad al aire libre para saltar, dar vueltas, mirar y escuchar. ¡Permita que sus niños hagan ruido! Recuérdeles las reglas para jugar al aire libre.

Hable sobre todas las cosas que usted y sus hijos ven en el cielo, cerca de la casa o apartamento

- Colores
- Sol brillante
- Luna
- Vecinos
- Coches
- Formas
- Nubes oscuras
- Estrellas
- Nieve
- Casas

Ayude a sus hijos a encontrar animales e insectos.

- Dígale a sus hijos los nombres de los animales y los insectos que ven y escuchan.
- Pregunte a sus hijos donde ellos piensan que los animales viven, cómo los insectos construyen sus casas, dónde consiguen su alimento.

Ayude a sus hijos a crear, plantar y cavar en un jardín.

- Hable de cada herramienta que está usando y lo que hace.
- Vea los paquetes de semillas y vegetales en el supermercado. Entonces, decida qué plantar: rábanos, zanahorias y otras cosas que crecen rápido y que usted y su niño les gusten más.
- Recuérdele a sus hijos que rieguen las plantas que están creciendo.

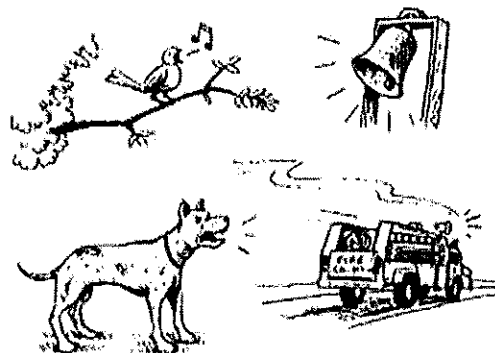
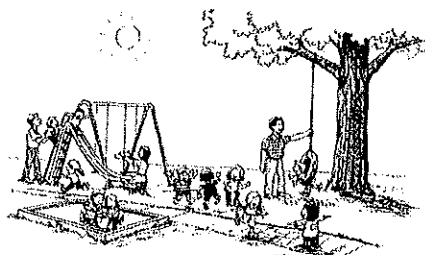
Mire hacia el cielo en diferentes momentos del día con sus hijos.

- Hable sobre las maneras en que los árboles se curvan y el aspecto de las nubes. Busque cambios a lo largo del tiempo, ¿cómo cambian las hojas en el otoño y en la primavera? ¿hay más o menos pájaros en el cielo ahora que el mes pasado? Escuche los sonidos del exterior.

- Pídale a sus hijos que hablen sobre los sonidos que escuchan y de dónde provienen.
- Pídeles que nombren los sonidos que son los mismos que escuchan dentro de la casa o que son diferentes.

Anímelos a describir todo lo que sienten o experimentan.

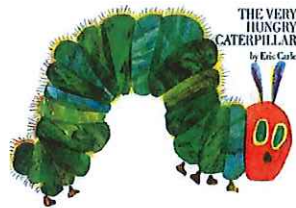
- Árboles ásperos
- Viento que sopla
- Barro resbaladizo
- Piedras lisas
- Aire caliente
- Lluvia fría



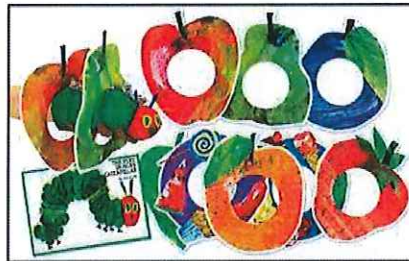
"The Very Hungry Caterpillar"

Read The Very Hungry Caterpillar by Eric Carle

(Available on YouTube)

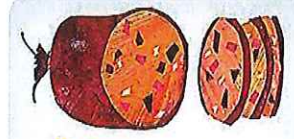
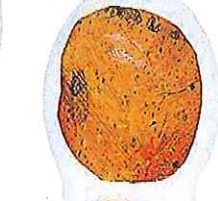
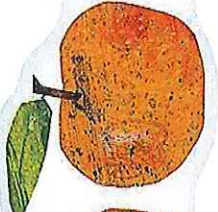
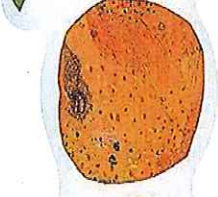
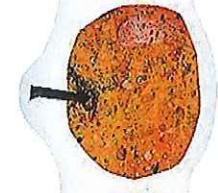
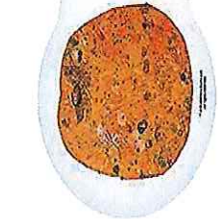
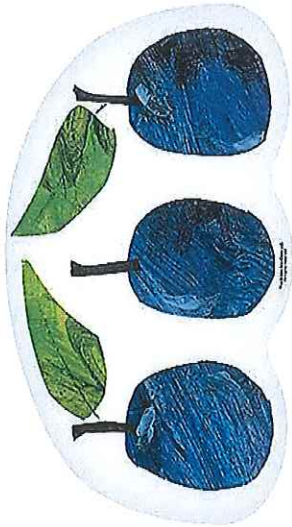
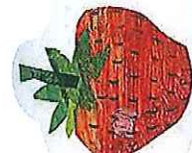
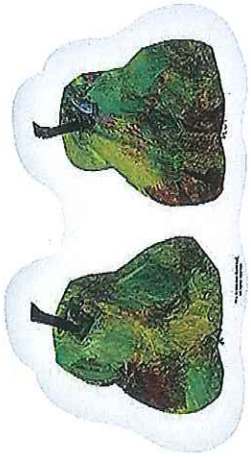
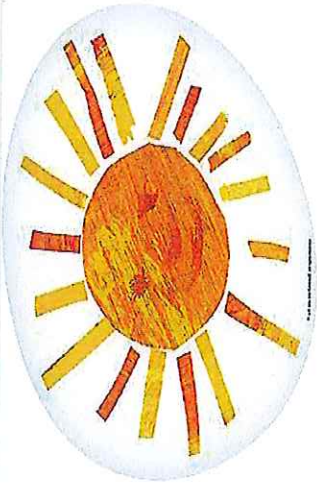


Re-Tell the story with the use of props.



Write the words of your favorite foods in the

story. 



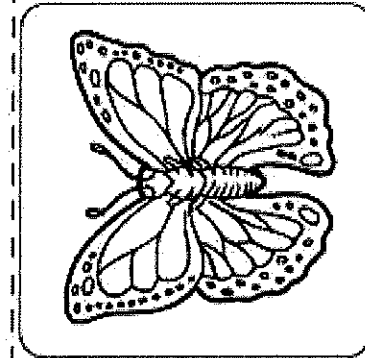
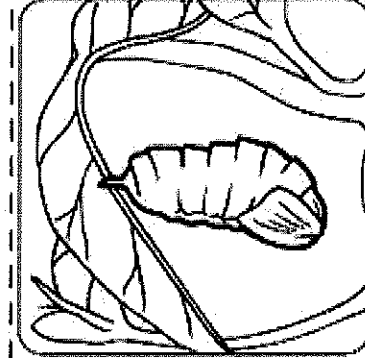
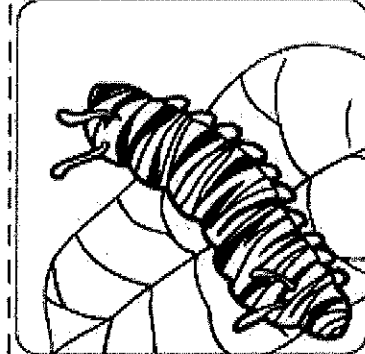
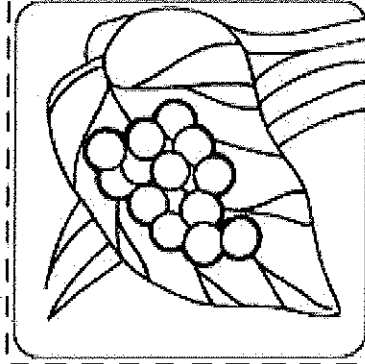
Butterfly Life Cycle

1

2

3

4

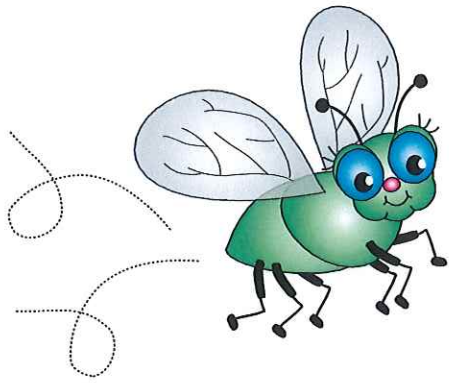


Insect Concentration

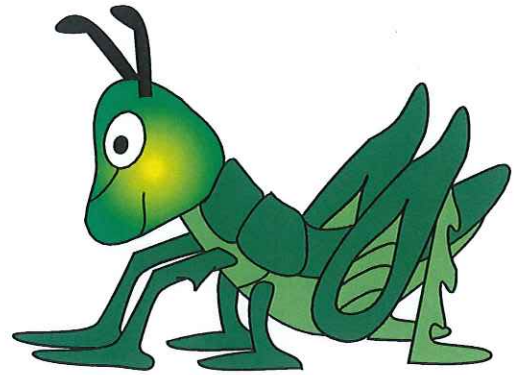
Instructions:

- Name the insects on each card.
- Mix up the cards.
- Lay the cards face down.
- Turn over any two cards.
- If the two cards match, keep them.
- If they don't match, turn them back over.
- Remember what was on each card and where it was.
- Watch and remember during the other player's turn.
- The game is over when all the cards have been matched.

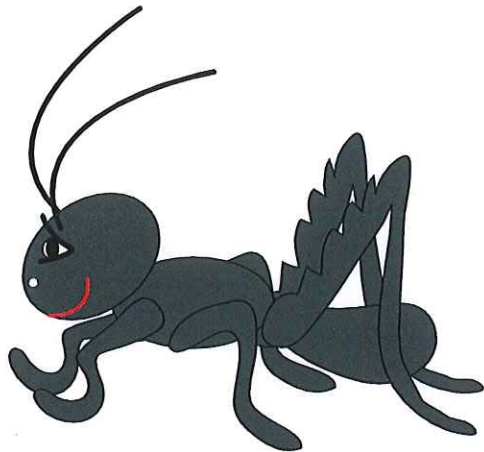




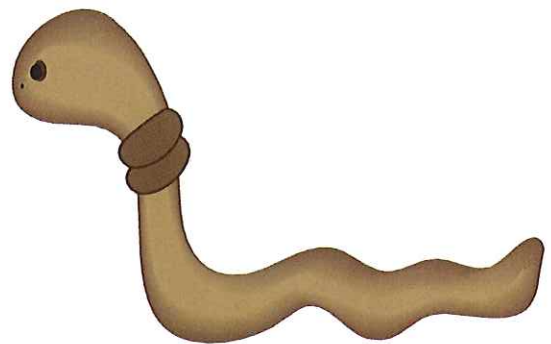
fly



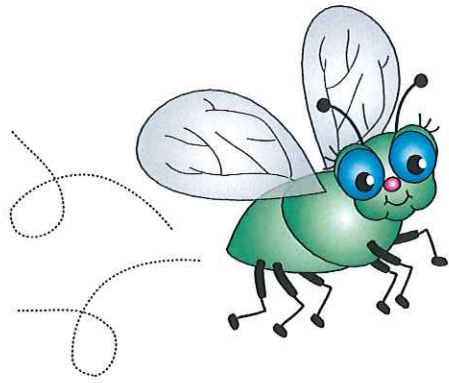
grasshopper



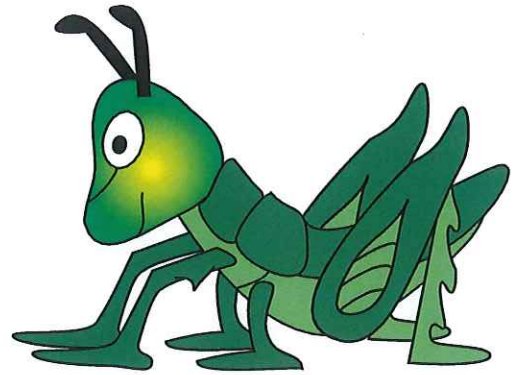
cricket



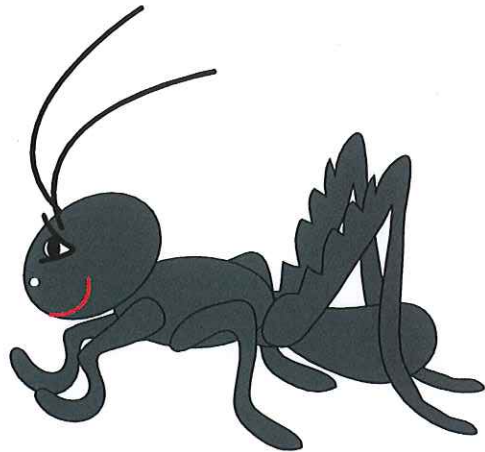
worm



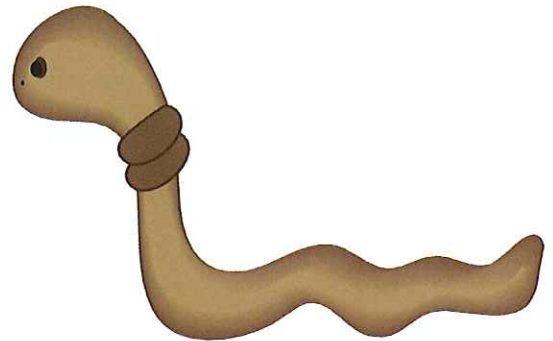
fly



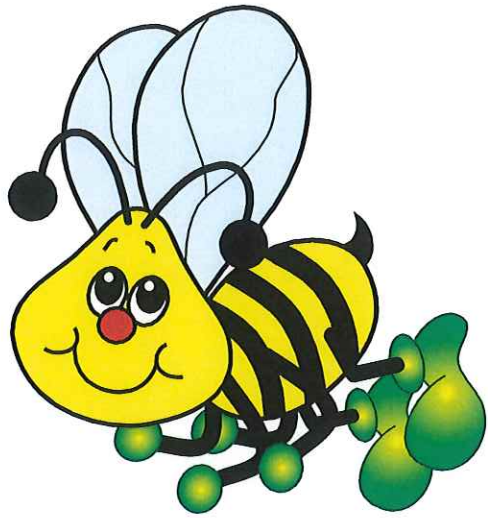
grasshopper



cricket



worm



bee



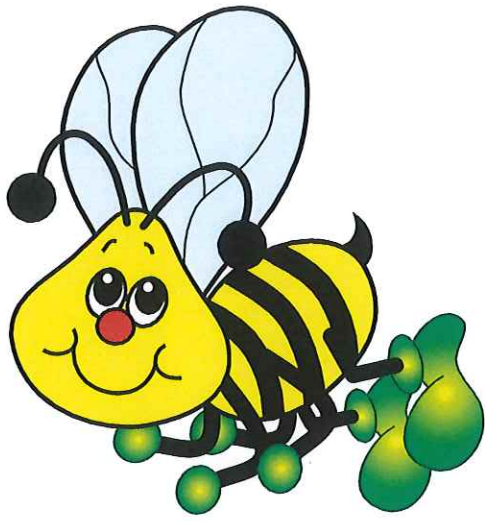
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ladybug



beetle



bee



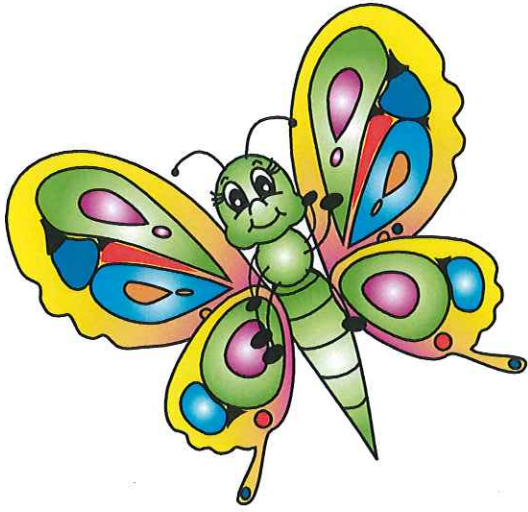
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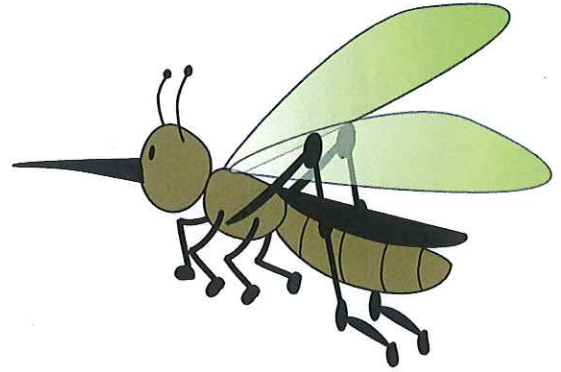
ladybug



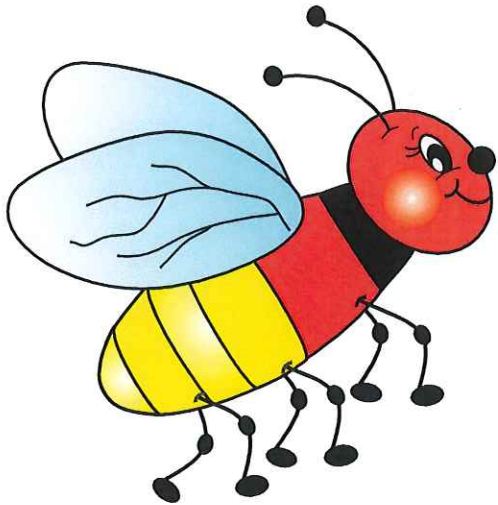
beetle



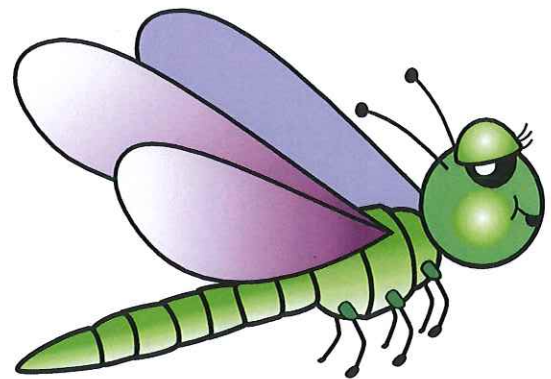
butterfly



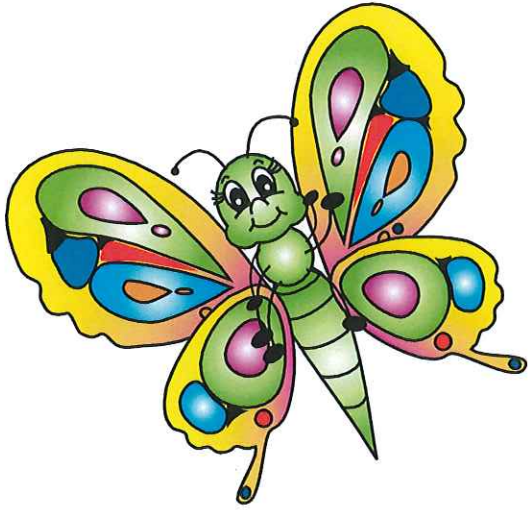
mosquito



wasp

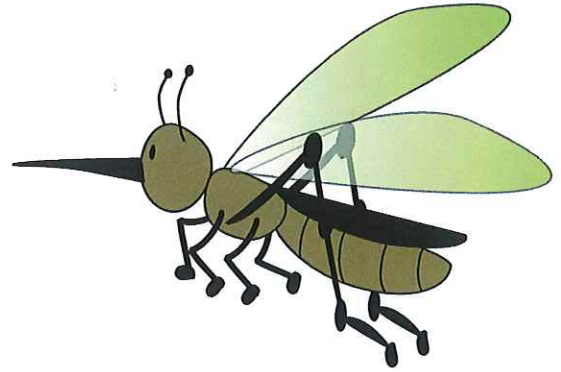


dragonfly



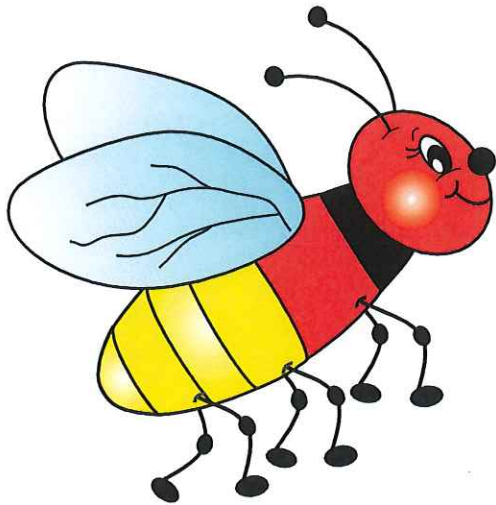
butterfly

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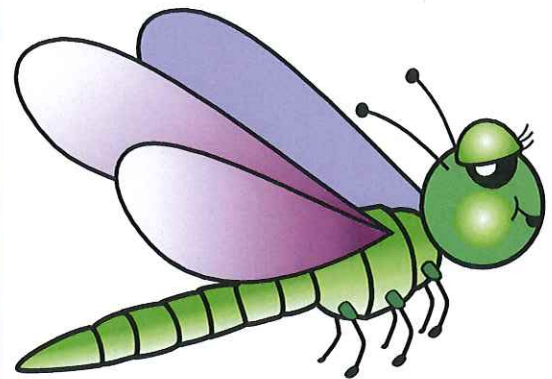
mosquito

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wasp

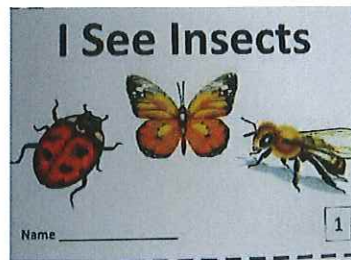
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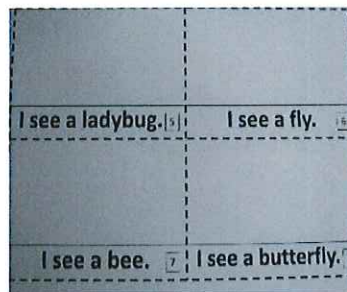
dragonfly

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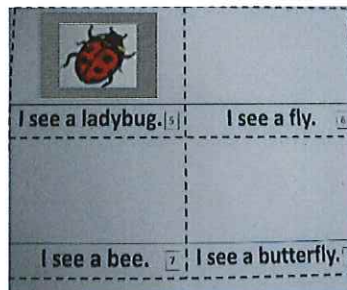
"I See Insects" Book



Read each sentence.



Draw the correct insect.



Write your name on the book.



Read your book to a family member.

I See Insects

Name _____

1

I see a mosquito. 2

I see a beetle. 3

I see an ant. 4

I See Insects Booklet

I see a ladybug. 5

I see a fly. 6

I see a bee. 7

I see a butterfly. 8

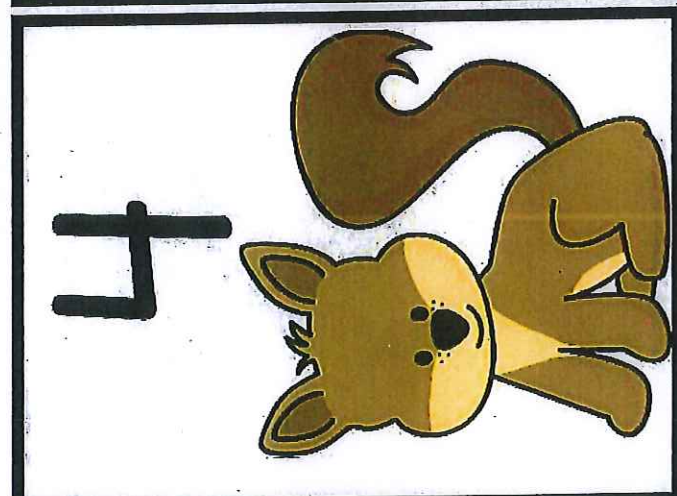
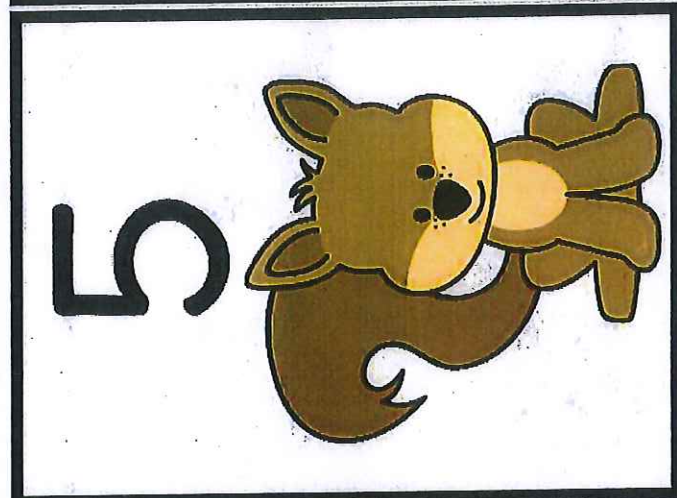
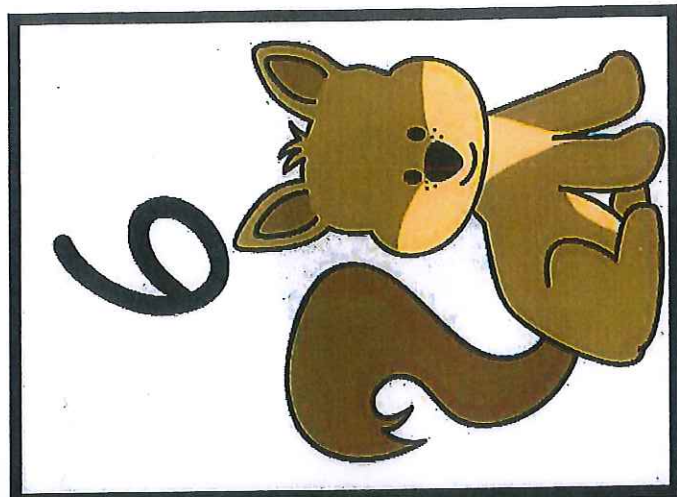
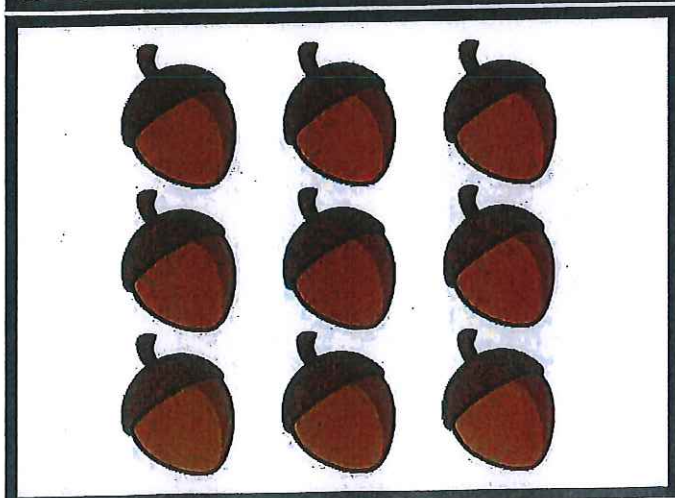
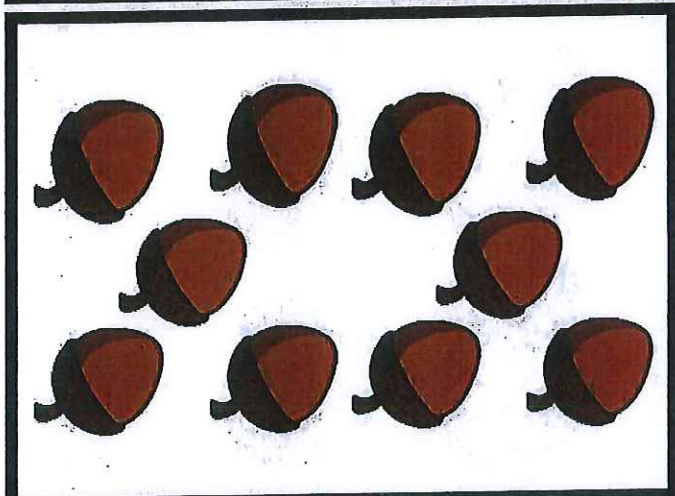
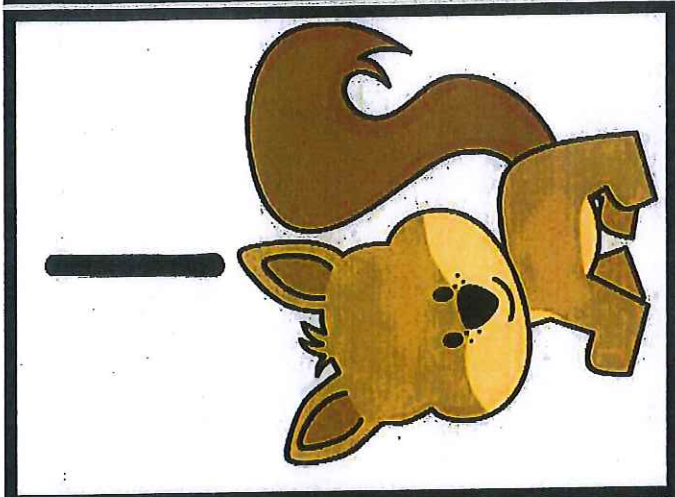
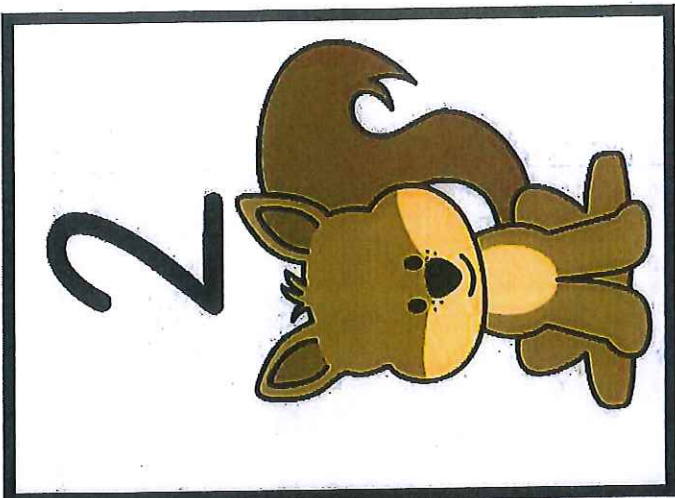
Squirrel Number Match

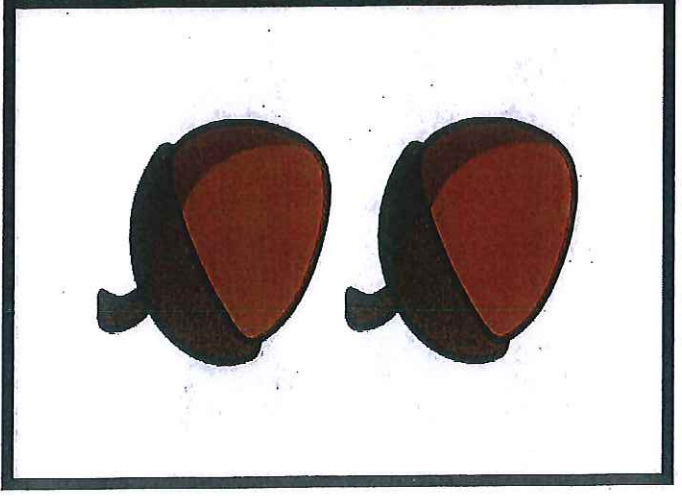
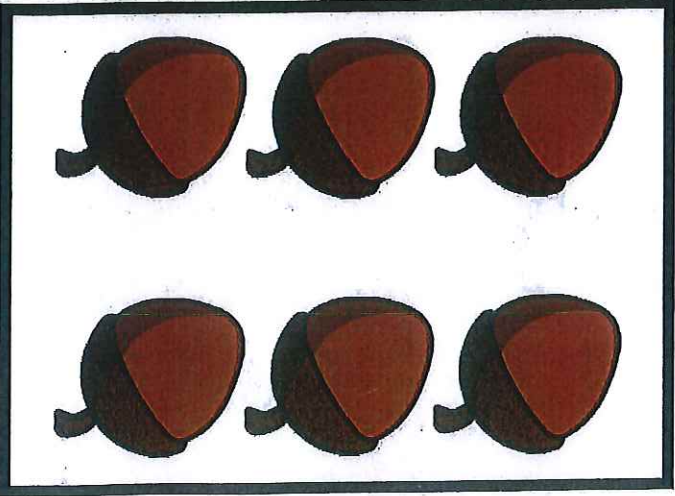
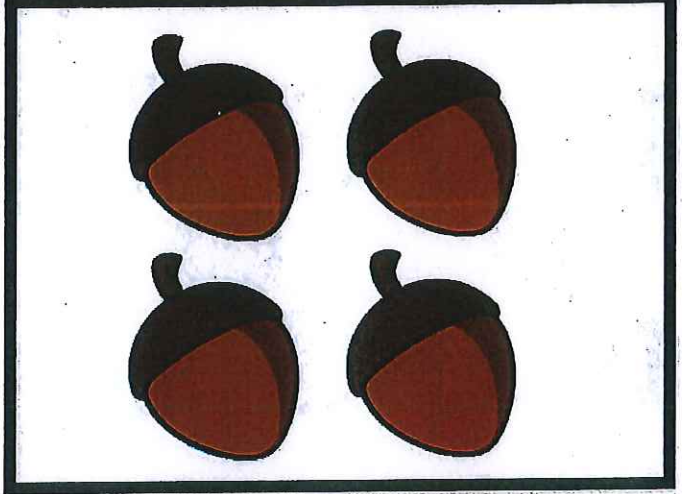
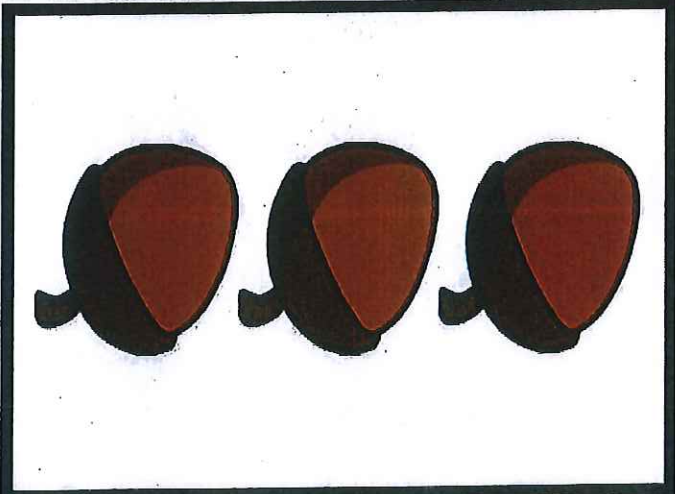
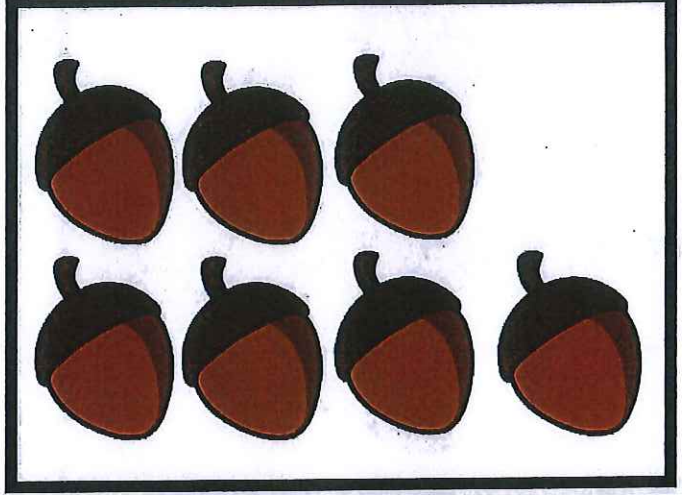
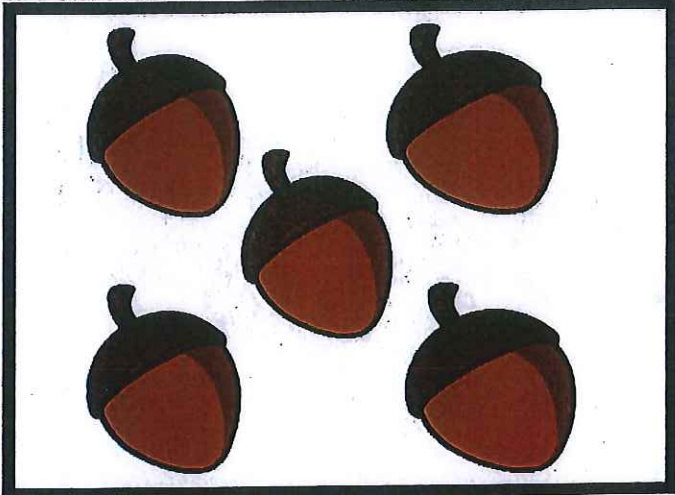
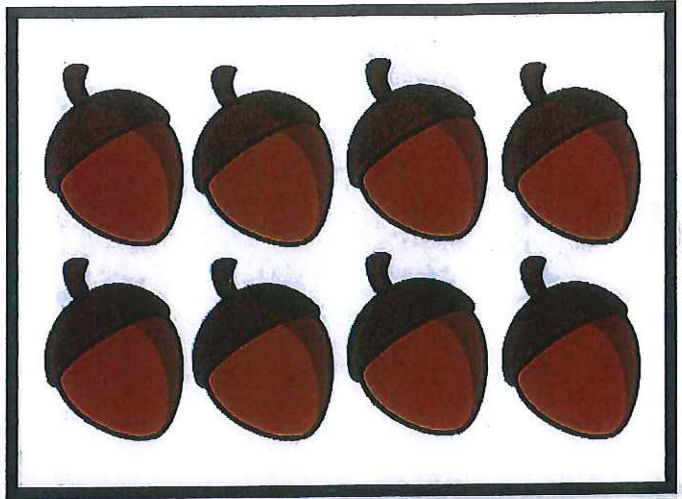
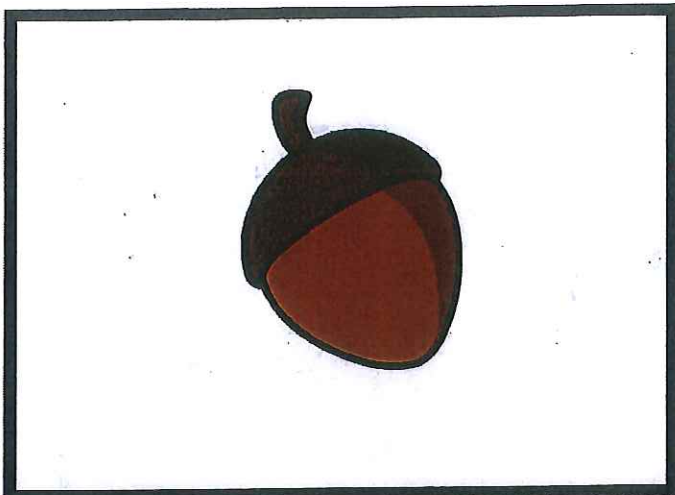
1. Cut out pieces.
2. Match each squirrel to the current number of acorns.
3. Write your numbers 1-10.

1 2 3 4 5 6 7 8 9 10



FUN FACT: Squirrels eat their own weight in food every week. That's about 1.5 pounds of nuts, fruit, fungi, seeds, and other plants.

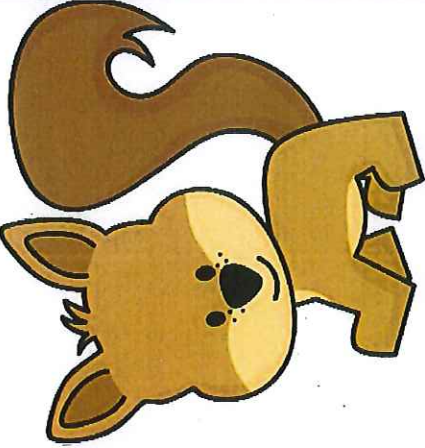




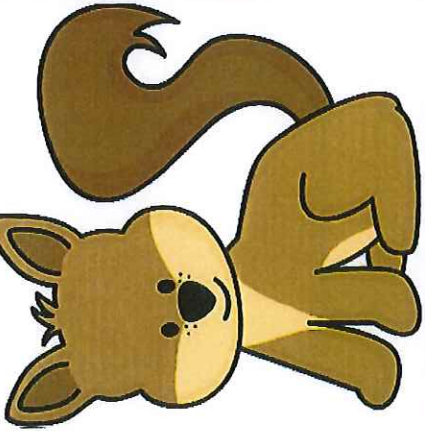
10



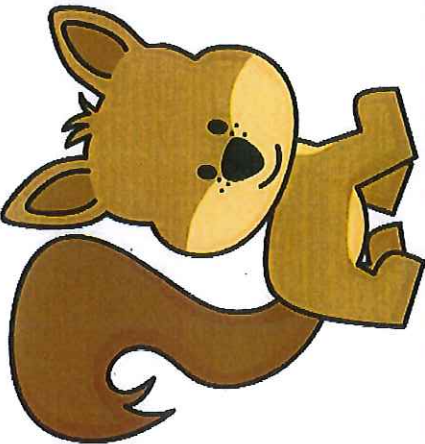
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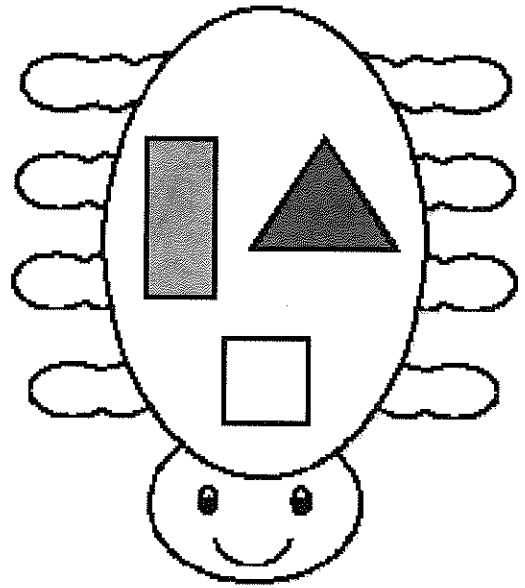
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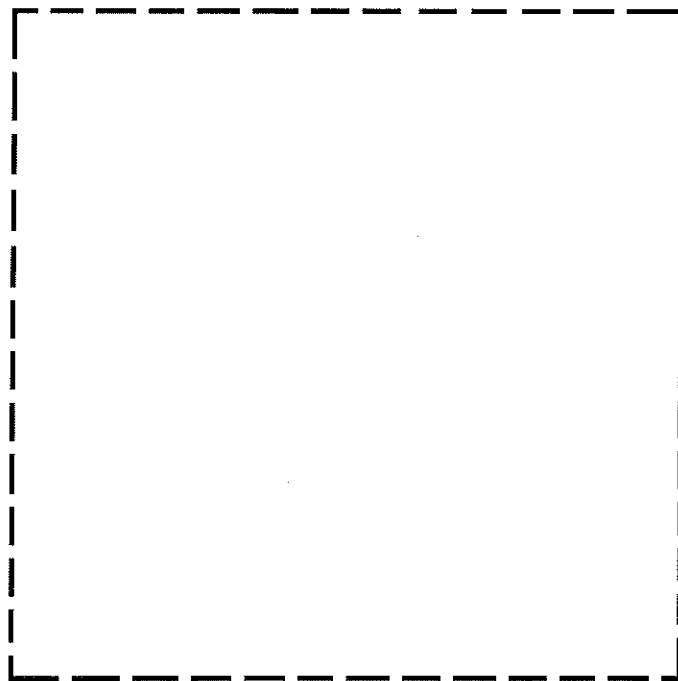


Spider Cut and Glue Shape Book



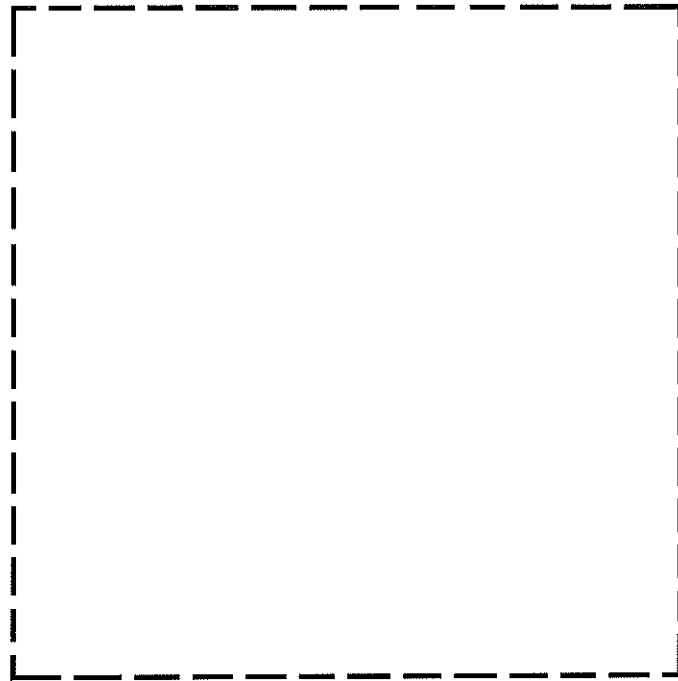
childcareland.com

I see spider with a circle.



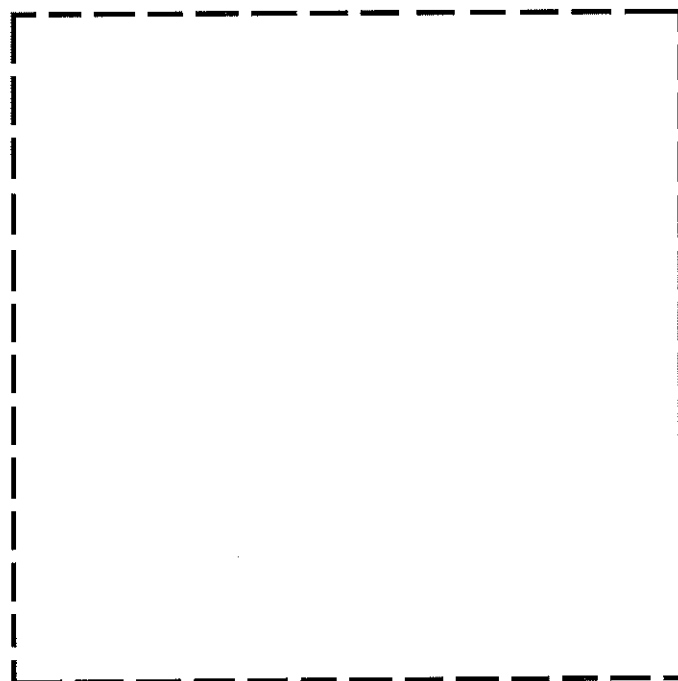
childcareland.com

I see spider with a square.



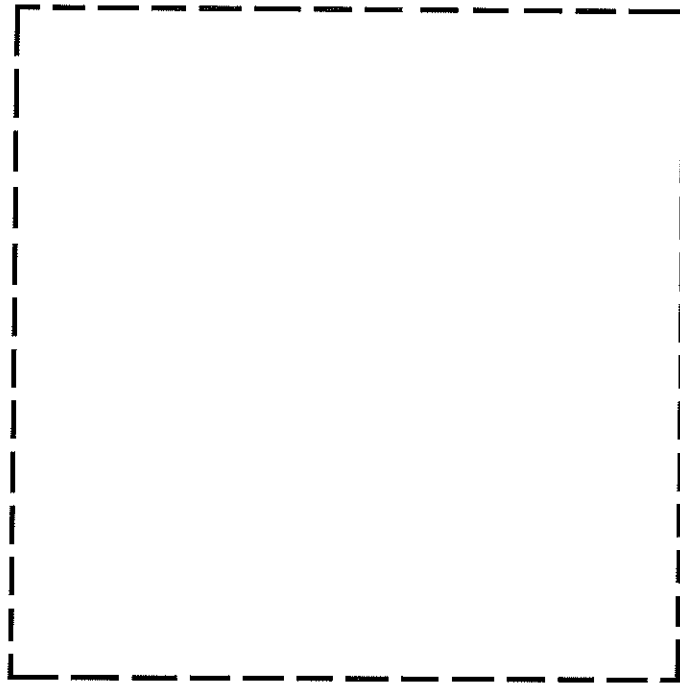
childcareland.com

I see spider with a diamond.



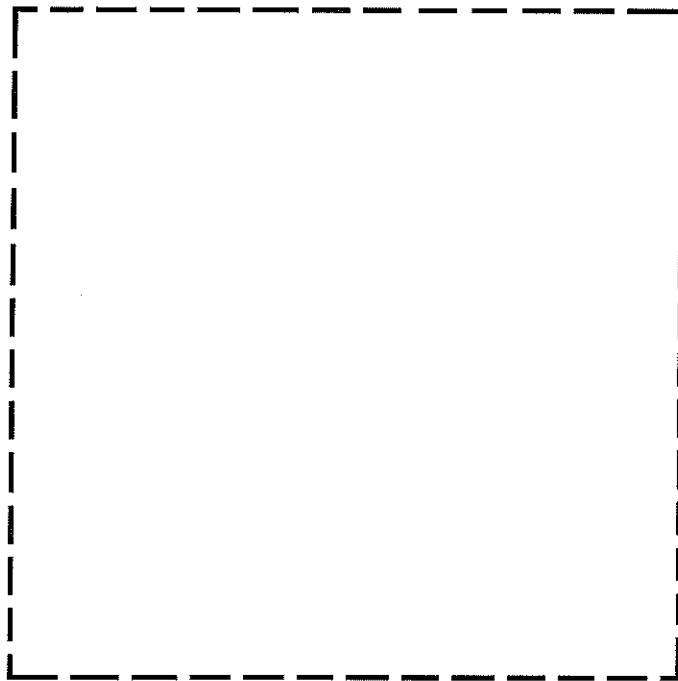
childcareland.com

I see spider with a rectangle.



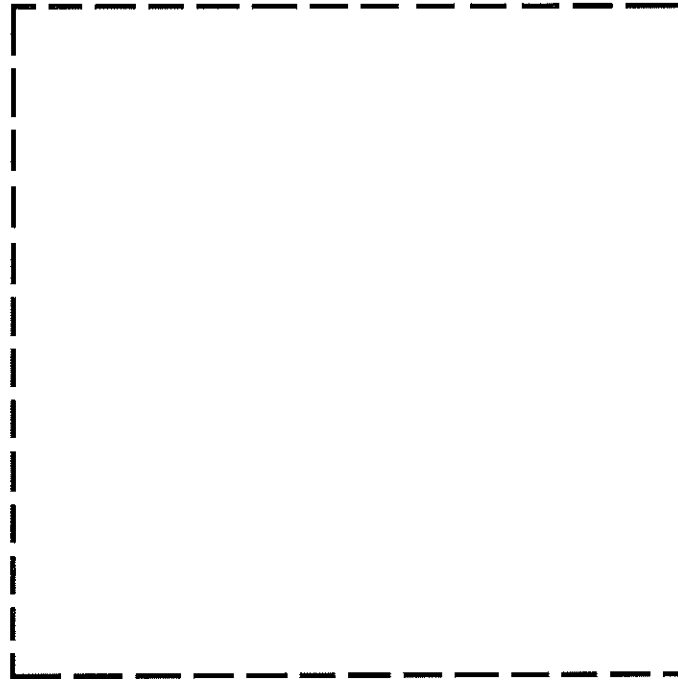
childcareland.com

I see spider with a triangle.



childcareland.com

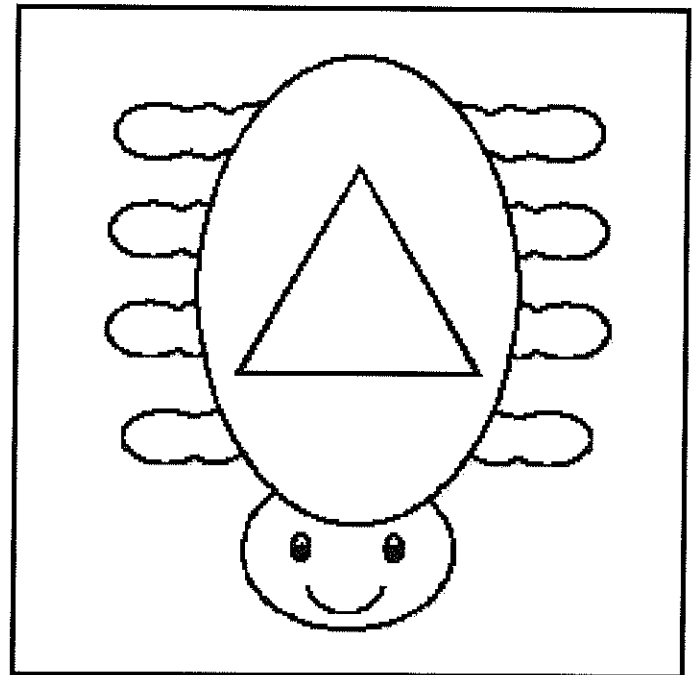
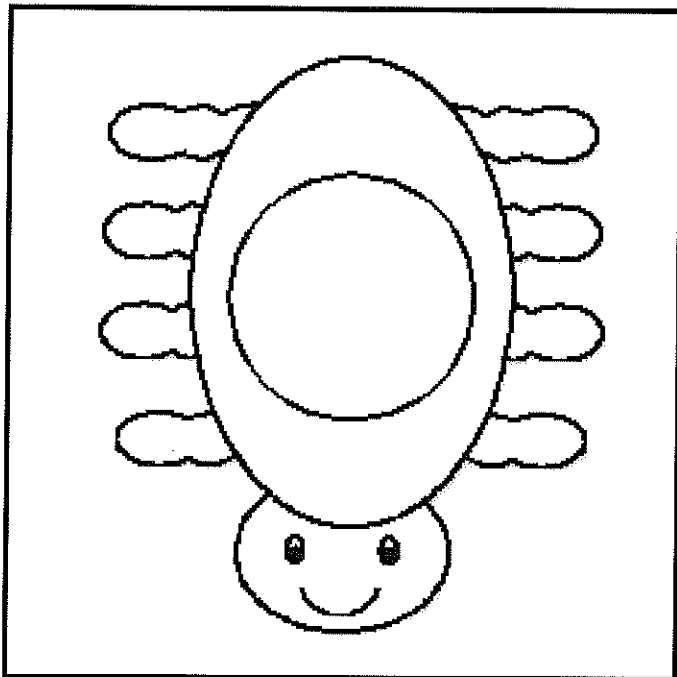
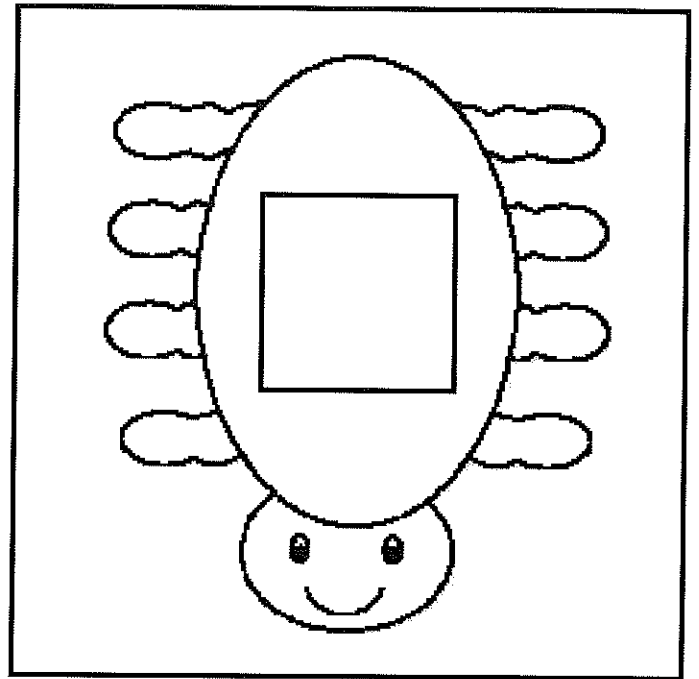
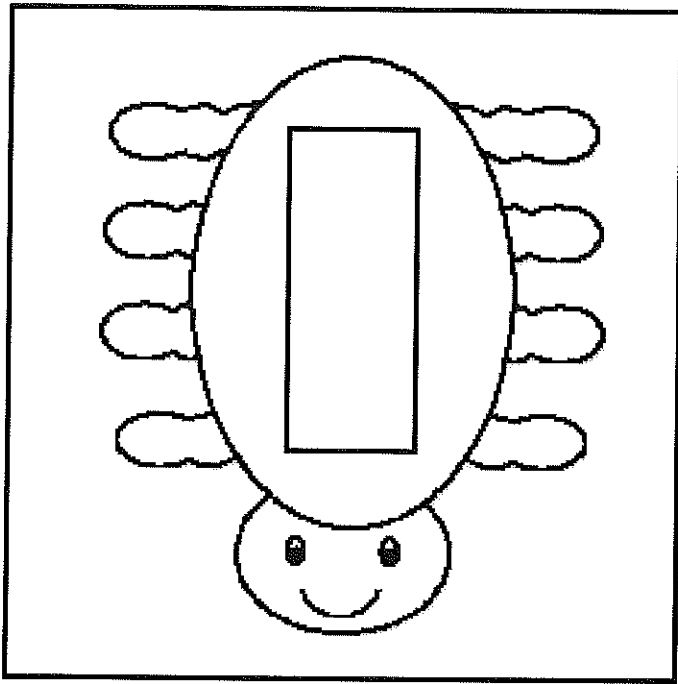
I see spider with a star.

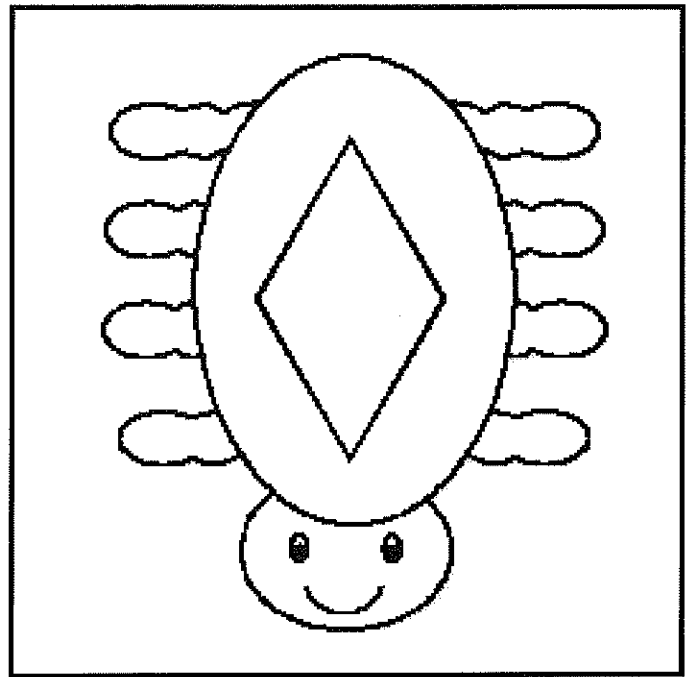
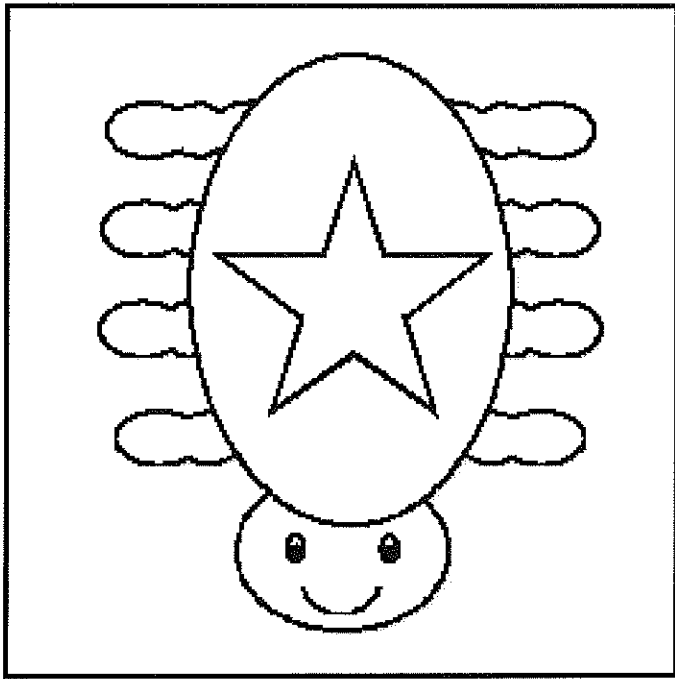


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The End

childcareland.com

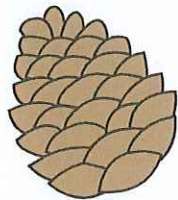




NATURE BINGO



cloud



pine cone



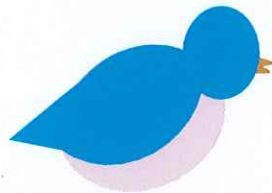
nest



tree



web



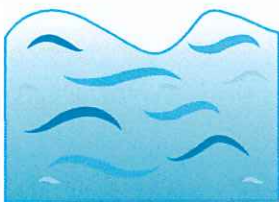
bird



grass



log



water



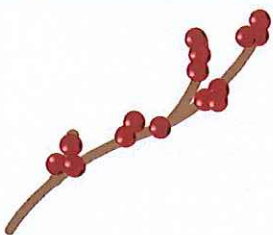
sun



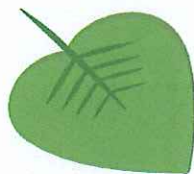
mushroom



flower



berries



leaf



rock



bug

NATURE BINGO



tree



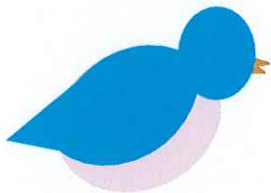
mushroom



worm



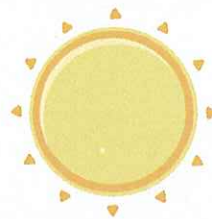
grass



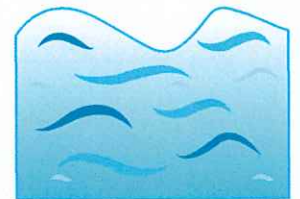
bird



berries



sun



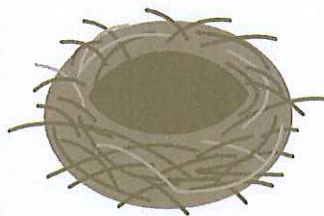
water



cloud



web



nest



rock



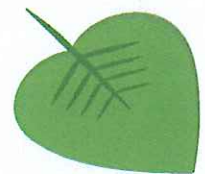
feather



flower



log



leaf

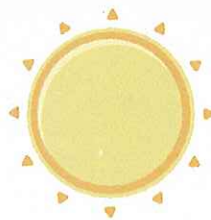
NATURE BINGO



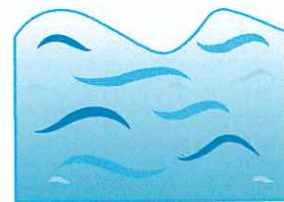
bee



flower



sun



water



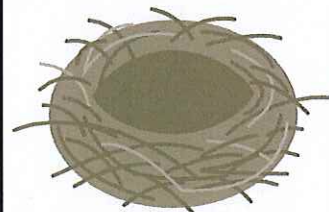
mushroom



grass



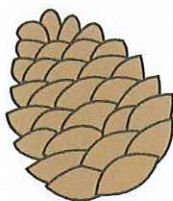
berries



nest



rock



pine cone



fern



bug



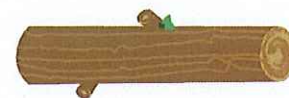
tree



web



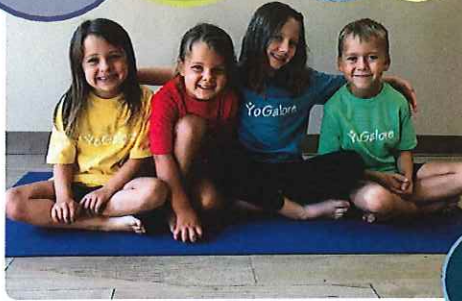
cloud



log



Yoga & Movement
Pose Cards

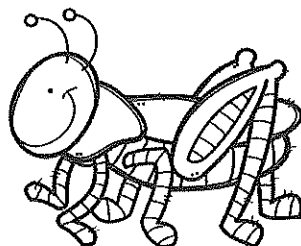
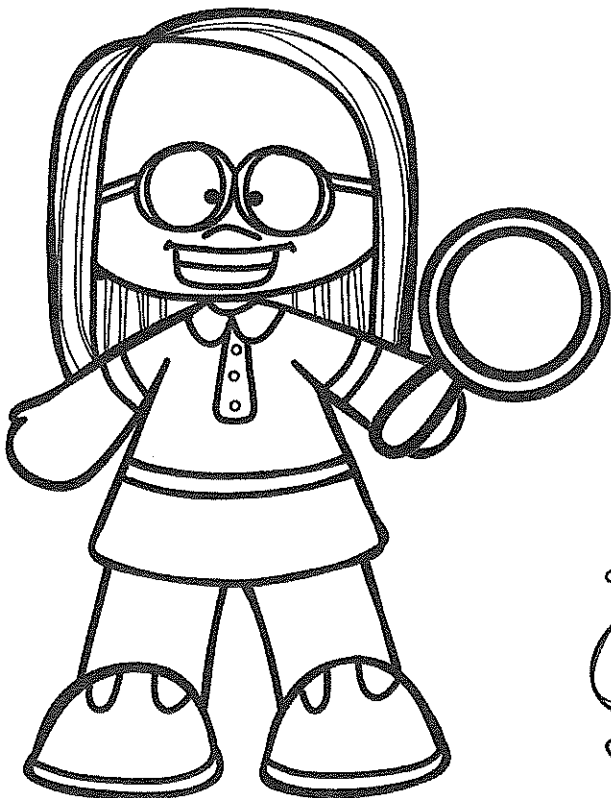


Science at Home

Science is all around us! Your child learns by observing and exploring the world around them.

Try This!

- Allow your child to help care for a pet or plants.
- Talk about what a living thing needs to survive (water, shelter, food, etc).
- Plant a garden together.
- Talk about the weather and take nature walks during different seasons.
- Notice differences in day and night.
- Cook together and talk about the changes in food when mixed.
- Build something together! Use cardboard and tape to make a ramp for toy cars.
- Encourage your child to “reduce, reuse, and recycle” and take care of our Earth.
- Let your child explore simple technology. Show them how to push the buttons on a calculator or how use a flashlight to make shadows on the wall.



Reading at Home

Make reading a priority at home! Even reading a book each day will make a huge difference!

Before Reading

Allow your child to choose the book.

Do a "Story Walk"- Look at the cover. Look through the pages of the book. Make predictions about the story.

While Reading

Ask questions about the story.

Talk about new words.

Connect the story to real life.

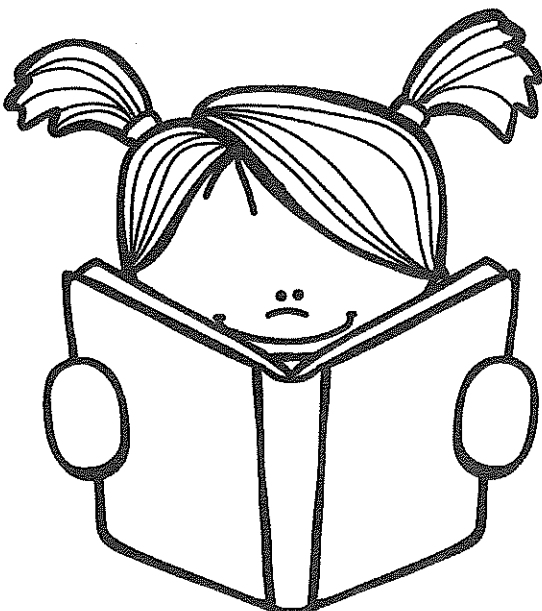
Talk about the characters, places in the story, and events.

Act out the story using different "voices" for the characters.

After Reading

Talk about the beginning, middle, and end of the story.

Have your child make up a different ending to the story.



Try This!

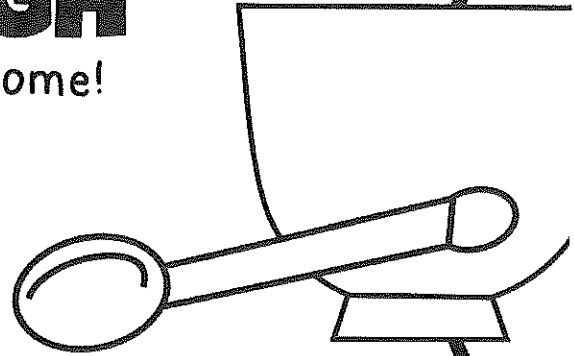
- Have your child hold the book and turn the pages.
- Point to the words as you read.
- Encourage your child to "read" the pictures.
- Notice the letters and sounds that they make.
- Have your child complete rhymes and repetitive sentences.

PLAYDOUGH

Try this fun recipe at home!

Ingredients:

- 1 and 1/2 cups flour
- 1/2 cup salt
- 2 teaspoons cream of tartar
- 2 tablespoons oil
- 1 cup boiling water



Mix the flour, salt, cream of tartar, and oil in bowl. Add the boiling water and food coloring. Be careful! The dough will be hot. Knead the mixture into a ball.

If it's too sticky.. add more flour.

If it's too clumpy.. add more boiling water.

DISH SOAP SLIME

Try this sticky recipe at home!

Ingredients:

- 1 cup cornstarch
- 1 cup clear gel-like dish soap
- Food coloring (optional)

Mix the cornstarch and dish soap in a small bowl with a spoon. Optional: stir in food coloring.

What does this teach my child?

Reading (read a recipe)

Math (measure and follow a recipe)

Science (what happens when solids and liquids mix)

Fine motor skills, exploring with senses

Free vs. Paid Sites

Free

Starfall
Fun Brain
Storyline Online
Abcya
Math Game Time
National Geographic Kids
Sheppard Software
Into the Book (you can skip log-in)
We Give Books
Cool Math 4 Kids
Fun 4 the Brain
Scholastic Study Jams
Math Blaster
Science Kids
Arcademics
Cool Math
Turtle Diary (you can skip log-in)
PBS Kids
Highlights Kids
A Plus Math
Sum Dog (you can play as a guest)
Dance Mat Typing

Paid

Raz Kids
Moby Max
Pebble Go
Tumble Books
Accelerated Reader
Renzulli Learning
Lexia Learning
iXL

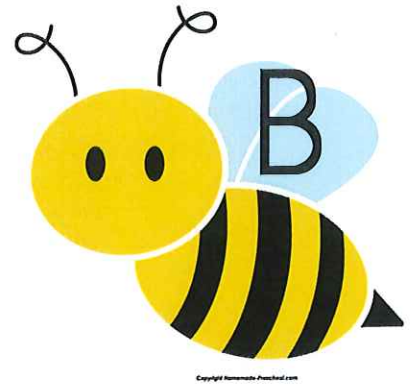
Join

FREE

Brain Pop (classroom access)
Brain Pop Jr. (classroom access)
Camp Wonderopolis
Help Kids Learn (free version available)
Spelling City

Letras de Abejas

1. Toma tu abeja.



2. Encuentra las letras de la jarrita de miel.



3. Nombre las letras.



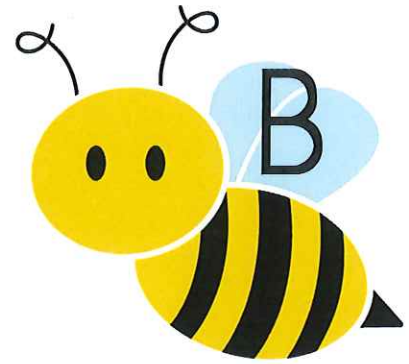
4. Escribe tu oracion.

La letra que tengo es _____.

Week 8

Bee Letters

1. Take your bee.



2. Find the correct honey jar.

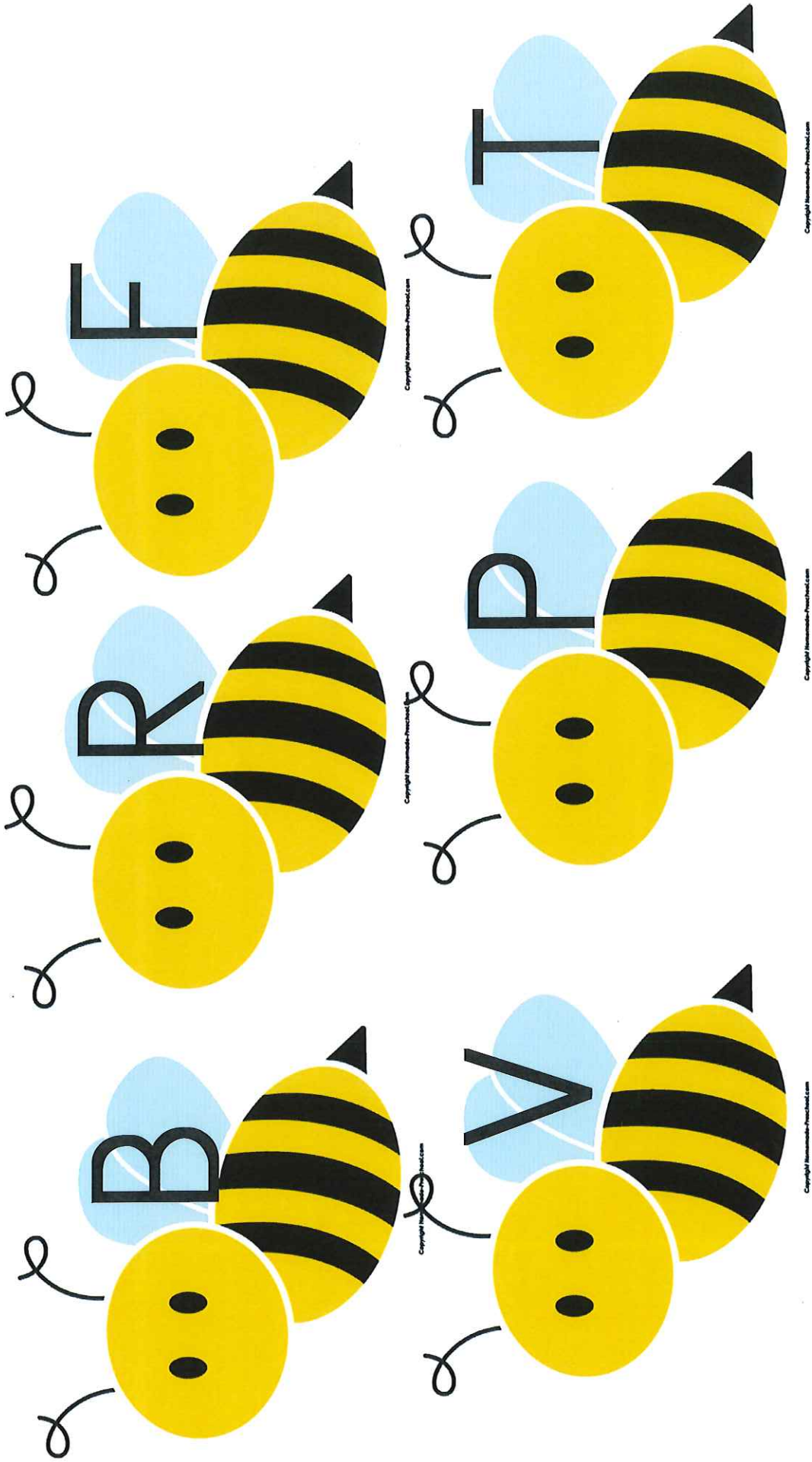


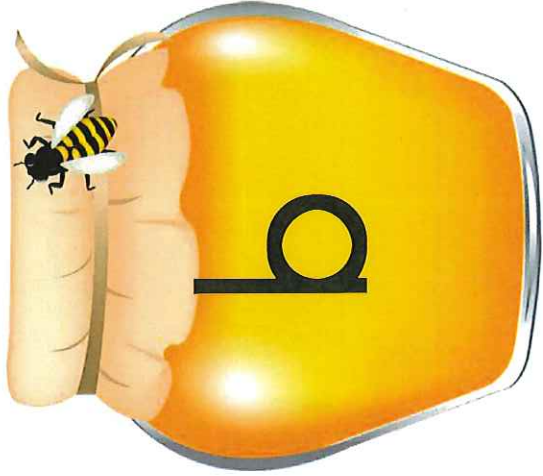
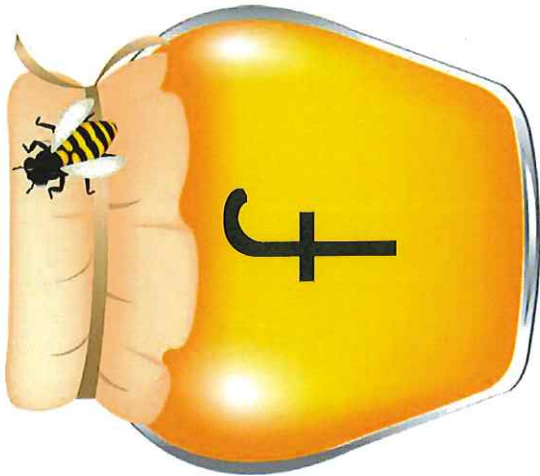
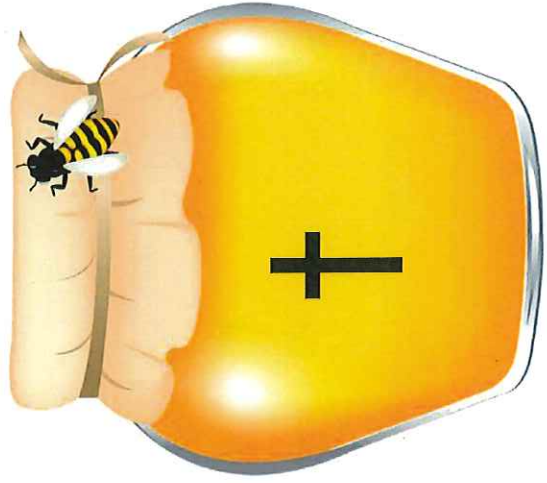
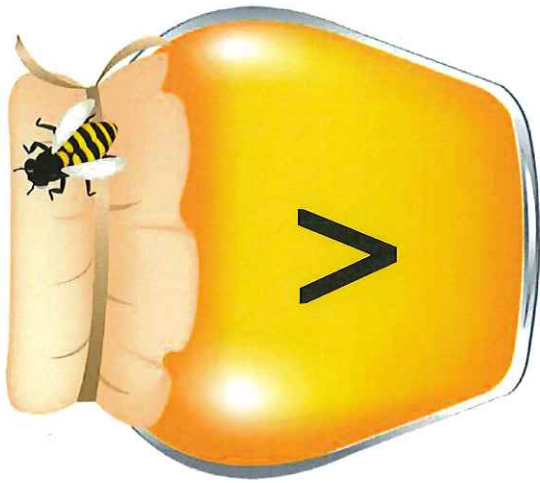
3. Name your letter.



4. Write your sentence.

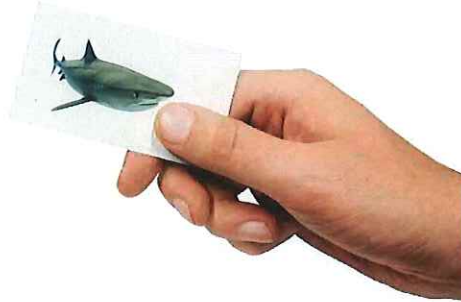
I found the letter _____.





Does it swim, walk, or fly?

1. Choose a card.



2. Decide if it swims, walks, or flies.



3. Perform the movement.



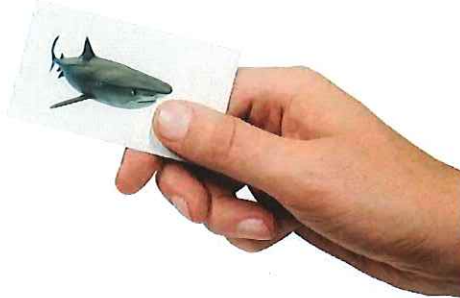
4. Write a sentence.

I can swim like a shark.

A hand is shown at the end of the sentence, holding a yellow pencil and having just finished writing the word 'shark' on a set of blue horizontal lines.

¿Nada, camina, o vuela?

1. *Selecciona una tarjeta.*



2. *Decide si nada, camina, o vuela.*




3. *Haz el movimiento.*



4. *Escribe una oración.*

Puedo nadar como tiburón.

A hand is shown holding a yellow pencil, positioned at the end of the sentence as if it has just finished writing it.



parrot
loro



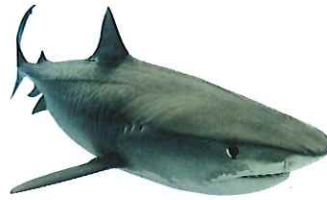
whale
ballena



horse
caballo



bat
murciélago



shark
tiburón



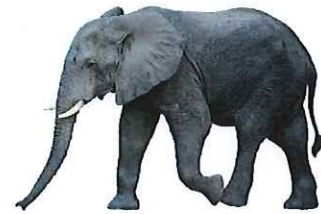
lizard
lagartijo



bird
pájaro



octopus
pulpo



elephant
elefante



eagle
águila



fish
pez



cow
vaca

What other animals can you name? How do they move?

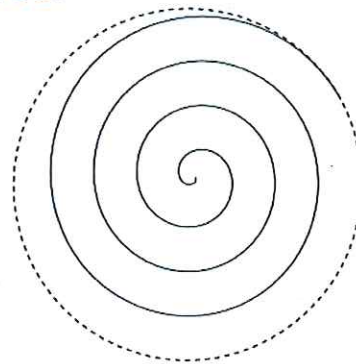
¿Qué otros animales puedes nombrar? ¿Cómo se mueven?

Spiral Snake

1. Get a paper plate or a piece of paper.



2. Begin at the center and draw a spiraling line.



3. Use scissors to cut on the line and decorate.



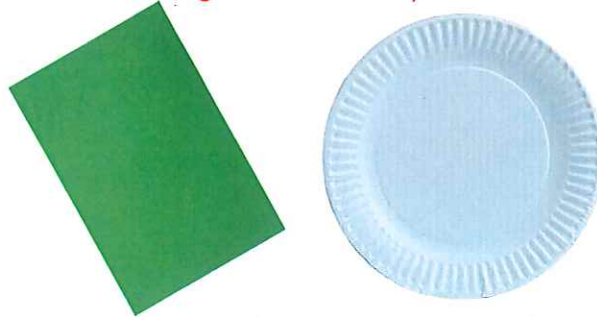
4. Write a sentence.

My snake stutters.

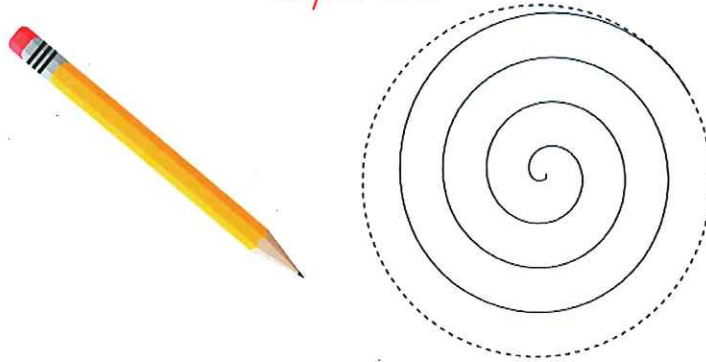


Serpiente de espiral

1. Toma una hoja o un plato de papel.



2. Comenzando desde el centro dibuja una línea espiral.



3. Usa tijeras para recortar siguiendo la línea y decora.



4. Escribe una oración.

Mi serpiente se destiza.



Calm Techniques

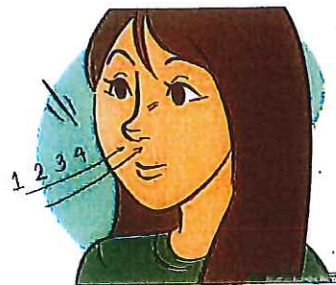
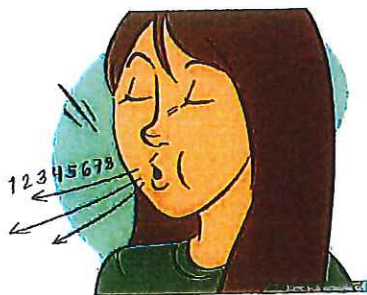
1. Take your card.



2. Read your card.



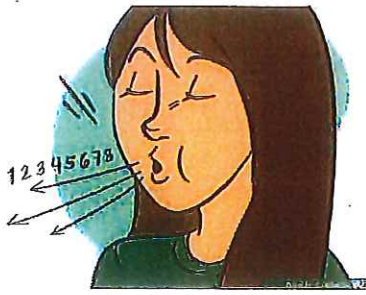
3. Practice your card.



School Readiness Goals :

A. Social and Emotional Development

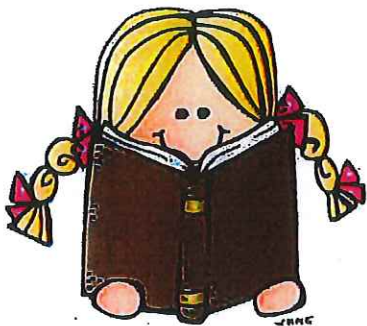
2. Children will be able to express feelings, share ideas, and follow simple directions.



Deep breathe



Draw



Read



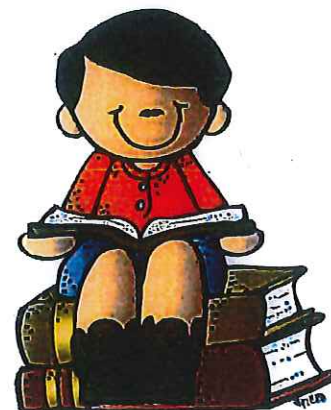
Look at discovery
bottles

Técnicas para calmarse

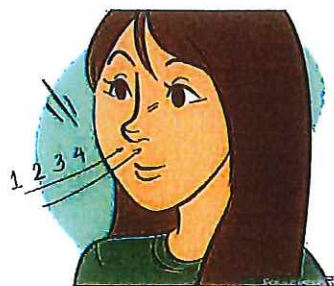
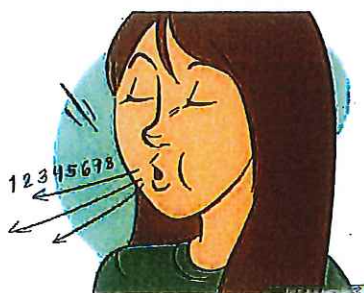
1. Toma tu tarjeta.



2. Lee tu tarjeta.



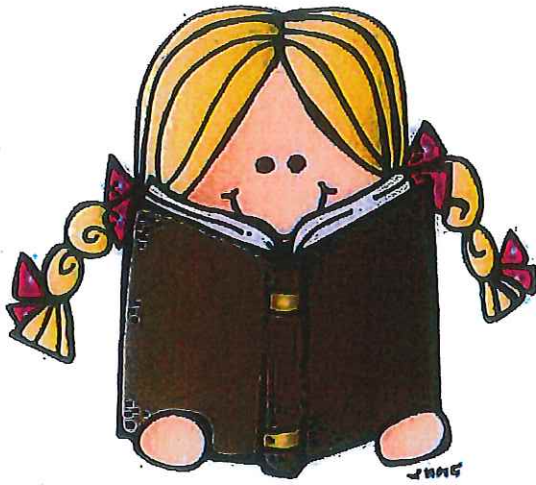
3. Practica tu tarjeta.



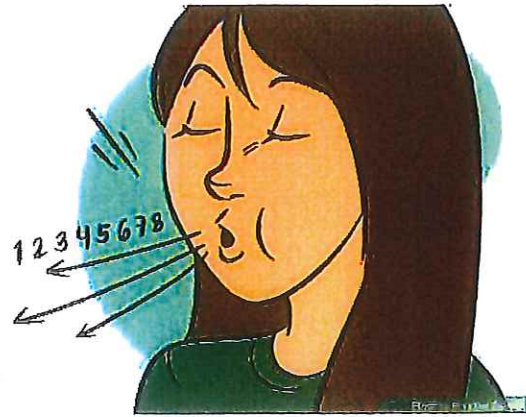
School Readiness Goals :

A. Desarrollo Social y emocional

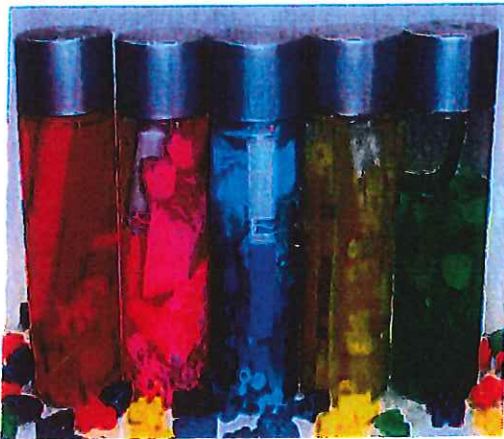
2. Los niños serán capaces de expresar sentimientos, compartir ideas y seguir instrucciones simples.



lee



respiracion profunda



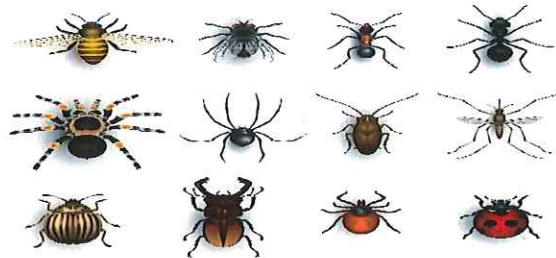
Mira la
botella sensorial



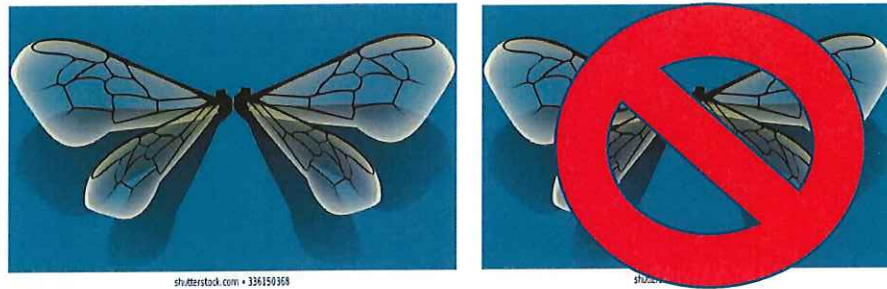
dibuja

Wings or No Wings?

Choose your bug.



Check to see if it has wings.

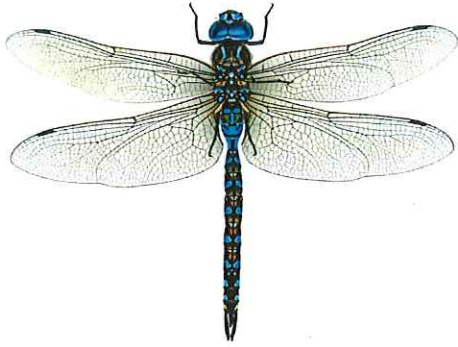


Sort your bugs.



Write your sentence.

A ___ has wings. A ___ does not have wings.



dragonfly



ladybug



fly



butterfly



beetle



spider



ant



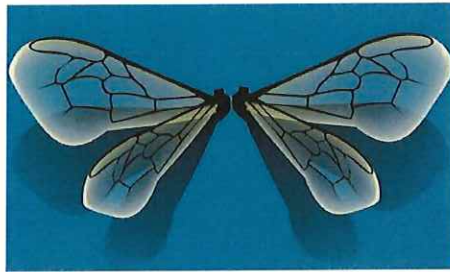
caterpillar

¿Alas o sin alas?

Elige tu insecto.



Verifique si tiene alas.

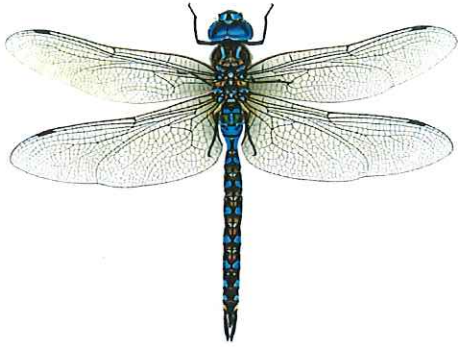


Clasifica tus insectos.



Escribe tu oración.

A ___ tiene alas. A ___ no tiene alas.



libélula



mariquita



mosca



mariposa



escarabajo



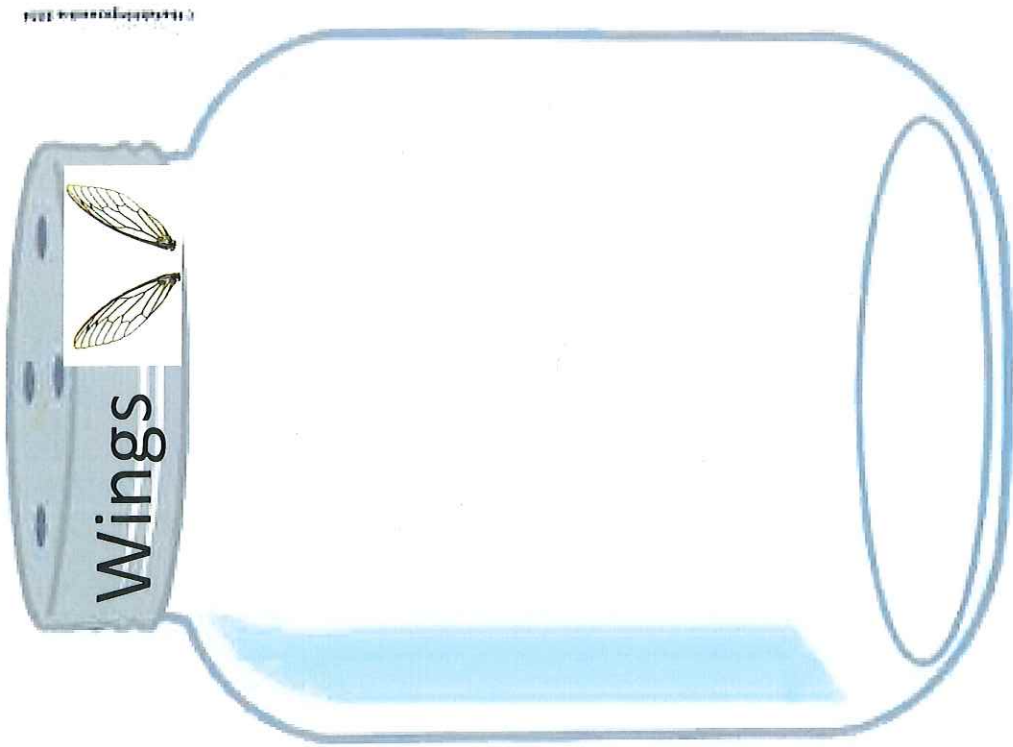
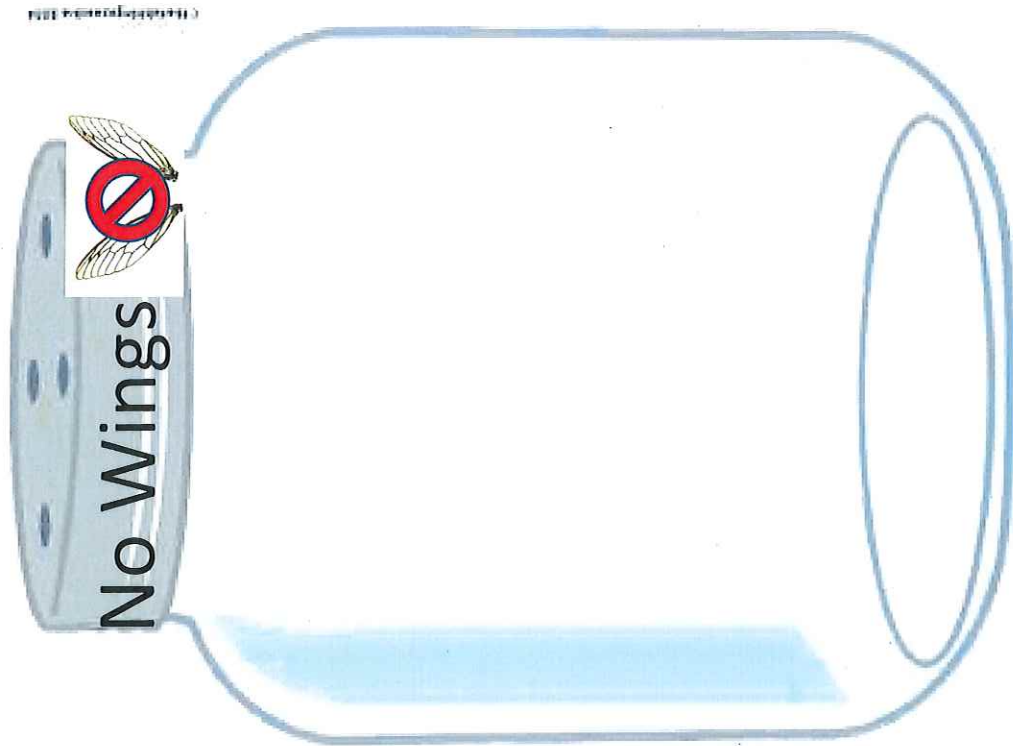
araña

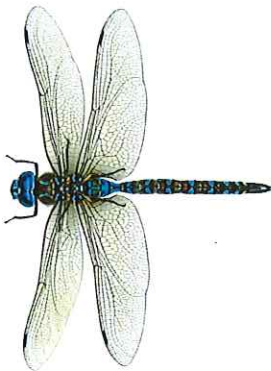


hormiga



oruga





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