

MPHS ELECTIVES

PE – Coach Williams, Coach Chism, Coach Herron

AP Music Theory – Ms. Vines

Choir and Piano – Ms. Vines

Assignment for Choir and Piano classes<<https://protect-us.mimecast.com/s/3bgnCn5P4oc6EpEiJVZom?domain=docs.google.com>>

General Employability – Mrs. McCollum

Art I – Mrs. Kirkland

Art 2-4 – Mrs. Kirkland – Refer to your Remind APP and contact Mrs. Kirkland via email or Remind asap

Dance – Mrs. Broach

Jazz Band – Mr. Sterrett

Marching Band – Dr. Lockett – Refer to your Remind APP

Mount Pleasant High School Physical Education

6 Tips: Physical Activity at Home, Work, and Play

Adding activity into your day is possible. Choose activities that you enjoy. Students and young adults should aim for at least 2½ hours or 150 minutes of physical activity each week. Every little bit adds up, and doing something is better than doing nothing. Most important — have fun while being active!

1. Take 10:

Do at least 10 minutes of activity at a time to reach your weekly goal. Walk the dog for 10 minutes before and after work or between classwork and add a 10-minute walk during free time.



2. Be ready anytime:

Keep comfortable clothes and walking or running shoes in the car and close by, if you feel the urge, break some sweat and get moving. Take a brisk walk around the yard, jog to the park, or ride your bike to the park or store.



3. Work out during TV time:

Watch a movie while you jog in place or download a video on your phone of in home exercise.

4. Get your parent(s) involved:

Instead of allowing them to stand on the sidelines, ask your parent(s) to join you for a walk up and down the soccer, football, or softball field, this is a great time to bond.

5. Enjoy the great outdoors:

Go play some soccer or basketball, make sure to be safe and stay healthy, during this interaction.

6. The chores count, too:

Clean the house, wash the car, or mow the lawn with a push mower. Know that these activities count toward your goal of at least 150 minutes each week.



Williams, Jabara
Physical Education Teacher
jwilliams2@mpisd.net

THEORY ASSIGNMENT #3

Directions:

1. Please do the analysis for this Back Chorale in pencil.
2. The key is D major.
3. Write the name of each pitch next to the note, or on a separate piece of paper.
4. Next, write the Roman numeral figured bass below the staff under each chord. Make certain you write the inversion, if applicable.
5. When you complete the analysis, go to the browser on your computer (or your phone) and type in "Bach Chorale BWV 262"
6. Listen to the recording while reading your music.
7. Listen again listening for the harmonic structure of the chorale. Does it change keys? What is the tempo? What else can you identify?
8. Go to Breezin Thru Theory, you should have completed your initial log-in last week (I sent you a REMIND. This week complete chapters 3 and 4, please.

BWV 262

Alle menschen müssen sterben

The image displays the musical score for BWV 262, "Alle menschen müssen sterben". It consists of three systems of music, each with a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#), and the time signature is 4/4. The music is written in a style typical of a chorale, with a steady, rhythmic melody in the treble and a supporting bass line in the bass. The first system shows the beginning of the piece, with a treble staff starting on a G4 and a bass staff starting on a D3. The second system continues the melody, and the third system concludes the piece with a final cadence.

Assignment #4 for:

Piano classes

1. Go to Breezin' Thru Theory (you should have created your account last week)
-This is the log in information for Breezin' Thru Theory work in the "Next Gen' Edition"
Student Access - Mt Pleasant High School
Username: btfun_3010
Password: key562
*When you get logged into the program, click on the red and white box on your left that will take you to the lessons. If you need assistance with this, please send me a message on REMIND or email me at school.
2. By the end of this week, you should complete chapters 1 and 2.
(Please note: I will check your scores daily)
3. You may also work in Music Theory.net

Assignment for:

Belle Canto/Chorale

1. Go to Breezin' Thru Theory (you should have created your account last week)
-This is the log in information for Breezin' Thru Theory work in the "Classic Edition"
Student Access - Mt Pleasant High School
Username: btfun_3010
Password: key562
*When you get logged into the program, click on the red and white box on your left that will take you to the lessons. If you need assistance with this, please send me a message on REMIND or email me at school.
2. By the end of this week, you should complete chapters 1 and 2.
3. You may also work in Music Theory.net
4. Listening for the week:
 - metopera.org and watch the performances for the day/week.
 - Go to Choral Stream and watch/ listen to 2 choral selections then send me a message on REMIND with the name of the selections that you listened to and one thing about the listening.
5. We are updating choir student addresses and phone numbers in our data bank, email me your information so it is current, please. Thank you

Here is my email nvines@mpisd.net if you have any questions, please contact me.

Activity 5: Preparing Answers to Interview Questions

DIRECTIONS: You are being interviewed for a job that interests you. Write your answer to each of these questions from the interviewer.

1. Why do you think you are qualified for this job?

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2. What do you see as your three main strengths?

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3. What do you see as your weaknesses?

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4. What work experience do you have?

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5. What is your greatest accomplishment?

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6. What question do you have for the employer?

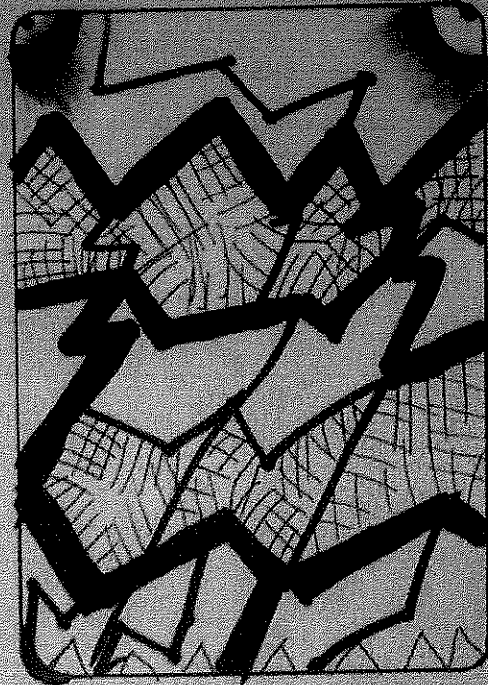
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EMOTION OF LINE

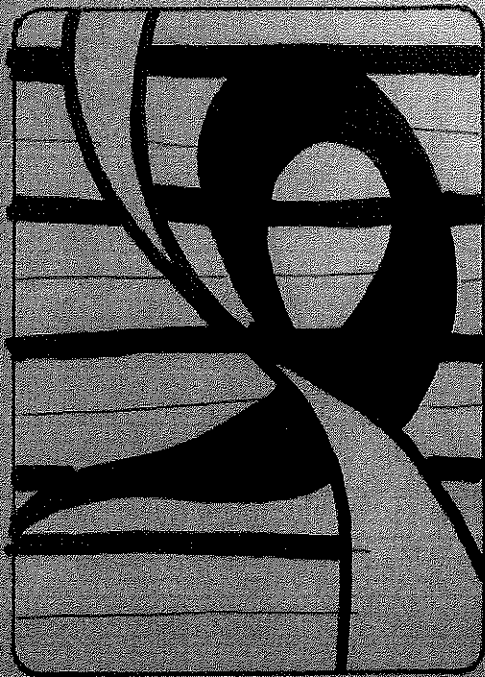
Lines can express feelings and emotions. See the line designs below and decide if you think they convey the emotion listed below each drawing.



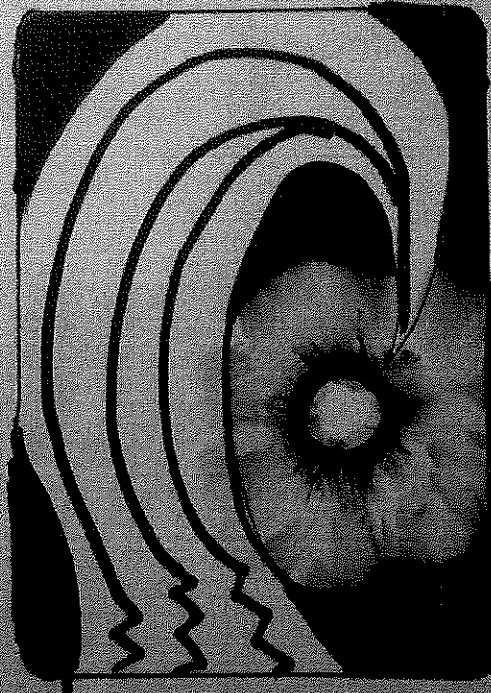
anxious



Angry



Calm



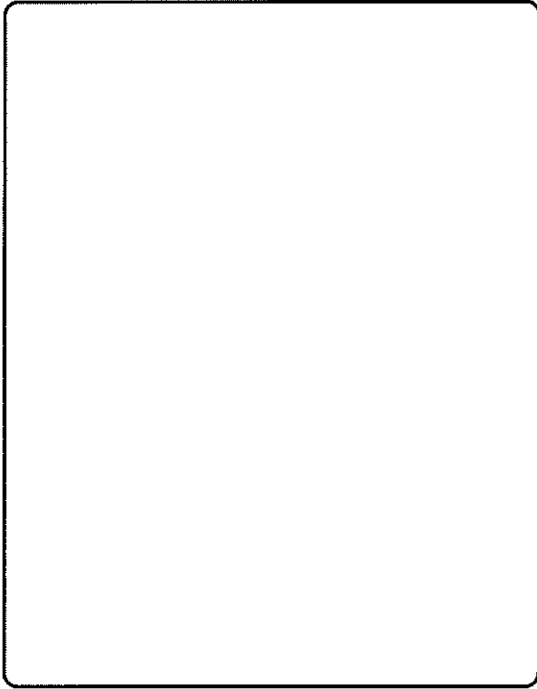
the enlightened

LINE

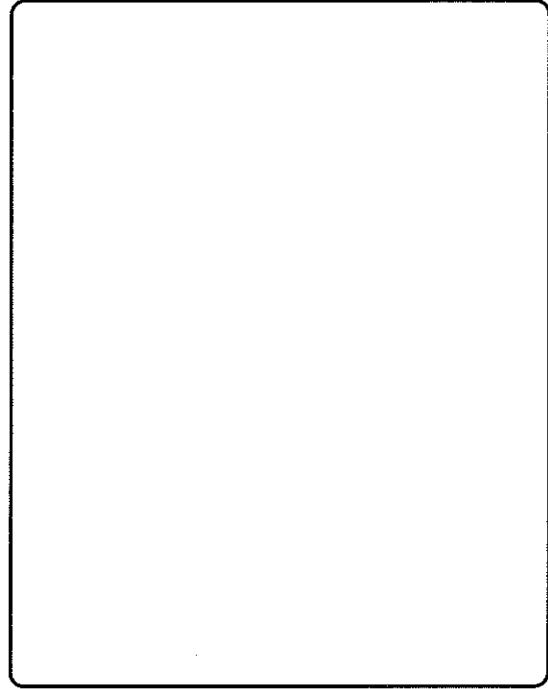
EMOTION OF LINE

Name: _____

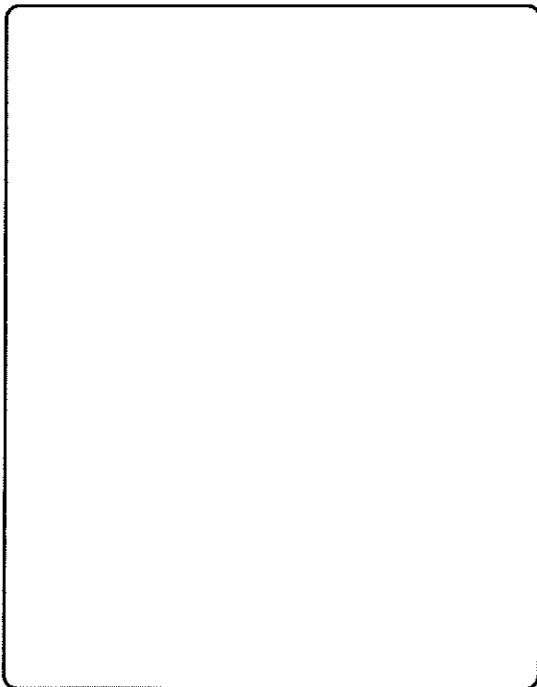
Choose an emotion and write it on the lines below each box, then create a design that conveys that emotion. Use a watercolor marker so that you can smear some of the marks if you'd like.



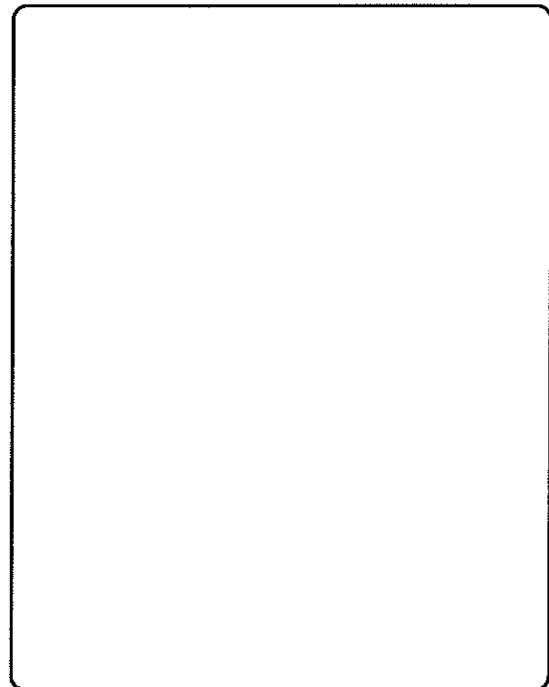
Emotion: _____



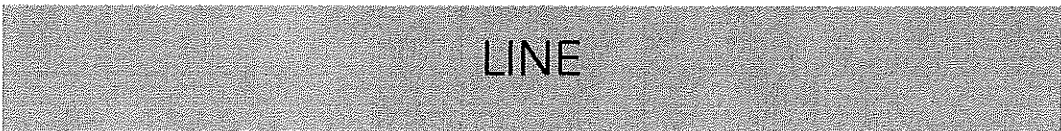
Emotion: _____



Emotion: _____



Emotion: _____



Name: _____ Class Period: _____

MPHS Dance Class Daily Assignment

April 20th - April 24th

Directions: Please complete the following daily activities for dance class. Thank you!

Date	Assignment	Assignment	Assignment	Assignment
4/20	10 Minute Stretch	10 Second Right Split	10 Second Left Split	10 Second Middle Split Practice Spring Show Routine - 15 Minutes
4/21	10 Minute Stretch	10 Second Right Split	10 Second Left Split	10 Second Middle Split Practice Spring Show Routine - 15 Minutes
4/22	10 Minute Stretch	10 Second Right Split	10 Second Left Split	10 Second Middle Split Practice Spring Show Routine - 15 Minutes
4/23	10 Minute Stretch	10 Second Right Split	10 Second Left Split	10 Second Middle Split Practice Spring Show Routine - 15 Minutes
4/24	10 Minute Stretch	10 Second Right Split	10 Second Left Split	10 Second Middle Split Practice Spring Show Routine - 15 Minutes

This week would have been spring show week. ☹️ The show has been postponed as of right now. Once a new date is set, it will be communicated on the MPHS and Tiger Doll social media pages.

I miss y'all!! Keep practicing!

Jazz Band Packet Instructions

Complete the following steps DAILY

1. Tone:
 - a. Play through the Jazz Band Warm-up
2. Technique:
 - a. Practice the following scale exercises. See below.
 - i. **Transpose this exercise to ALL keys!!**
 - b. Write in the counts. See STEP #2b below.
3. Repertoire:
 - a. Practice any of the tunes already in your Jazz Band Folder.
4. Improvisation:
 - a. Improvise daily for at least 10 minutes.

STEP #2a TECHNIQUE

115

Exercise Group 3

Exercise Group 3

Scale/Chord Exercises

(Practice all exercises in this group in all keys)

The image shows three musical staves in treble clef, each with a key signature of one flat (Bb). The first staff is labeled 'C Ionian' and contains a scale with handwritten notes 'Scale w/ approach tones' and 'Chord Cmaj7'. The second staff is labeled 'C Mixolydian / Dominant' and contains a scale with handwritten notes 'approach tones' and 'C7'. The third staff is labeled 'C Dorian' and contains a scale with handwritten notes 'C7' and 'C7b9'. Each staff shows a sequence of notes with stems and beams, and a final chord symbol.

STEP #2b TECHNIQUE

Write in the counts for the following two pieces:

1. Anthropology – <https://www.youtube.com/watch?v=K3L5IB8hwcM>

Tips: This piece is by Charlie Parker, and is from the Charlie Parker Omnibook. It is his transcribed solo. Reference recordings can be found on YouTube at the above link.

Anthropology

By Charlie Parker and John 'Dizzy' Gillespie

COLUMBIA 34831

$\text{♩} = 300$
(DRUMS)

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