

"Instant Words List"

Directions

"The Instant Word List" was introduced by Dr. Edward Fry in The Reading Teacher, December 1980.

This list consists of three hundred words which make up approximately 65% of all the words written in English. The first one hundred words make up about 50% and the first ten words make up about 24% of all written material.

First Hundred Instant Words

1-20	21-40	41-60	61-80	81-100
1. the	21. at	41. there	61. some	81. my
2. of	22. be	42. use	62. her	82. than
3. and	23. this	43. an	63. would	83. first
4. a	24. have	44. each	64. make	84. water
5. to	25. from	45. which	65. like	85. been
6. in	26. or	46. she	66. him	86. call
7. is	27. one	47. do	67. into	87. who
8. you	28. had	48. how	68. time	88. oil
9. that	29. by	49. their	69. has	89. now
10. it	30. word	50. if	70. look	90. find
11. he	31. but	51. will	71. two	91. long
12. was	32. not	52. up	72. more	92. down
13. for	33. what	53. other	73. write	93. day
14. on	34. all	54. about	74. go	94. did
15. are	35. were	55. out	75. see	95. get
16. as	36. we	56. many	76. number	96. come
17. with	37. when	57. then	77. no	97. made
18. his	38. your	58. them	78. way	98. may
19. they	39. can	59. these	79. could	99. part
20. I	40. said	60. so	80. people	100. over

First Hundred Instant Words

Student Copy

the	or	will	number
of	one	up	no
and	had	other	way
a	by	about	could
to	word	out	people
in	but	many	my
is	not	then	than
you	what	them	first
that	all	these	water
it	were	so	been
he	we	some	call
was	when	her	who
for	your	would	oil
on	can	make	now
are	said	like	find
as	there	him	long
with	use	into	down
his	an	time	day
they	each	has	did
I	which	look	get
at	she	two	come
be	do	more	made
this	how	write	may
have	their	go	part
from	if	see	over

Concepts: -ed = (t)

picked	dumped	banked	messed	romped
romped	picked	messed	dumped	banked
banked	picked	messed	romped	dumped
messed	romped	picked	dumped	banked
flunked	thanked	dressed	stomped	bricked
thanked	stomped	flunked	bricked	dressed
dressed	bricked	stomped	thanked	flunked
stomped	dressed	thanked	bricked	flunked
picked	romped	messed	dressed	bricked
dumped	flunked	thanked	messed	romped
dressed	thanked	stomped	banked	flunked
stomped	dumped	bricked	picked	banked

Concepts: -ed = (d)

banged	yelled	filled	fooled	dulled
dulled	banged	fooled	yelled	filled
filled	banged	fooled	dulled	yelled
fooled	dulled	banged	yelled	filled
clanged	thrilled	smelled	grilled	bloomed
thrilled	grilled	clanged	bloomed	smelled
smelled	bloomed	grilled	thrilled	clanged
grilled	smelled	thrilled	bloomed	clanged
banged	dulled	fooled	smelled	bloomed
yelled	clanged	thrilled	fooled	dulled
smelled	thrilled	grilled	filled	clanged
grilled	yelled	bloomed	banged	filled

Concepts: -ed = (t), -ed = (d)

packed	seeped	pinched	botched	jumped
jumped	packed	botched	seeped	pinched
pinched	packed	botched	jumped	seeped
botched	jumped	packed	seeped	pinched

buzzed	banged	welled	dinged	zoomed
banged	dinged	buzzed	zoomed	welled
welled	zoomed	dinged	banged	buzzed
dinged	welled	banged	zoomed	buzzed

packed	jumped	botched	welled	zoomed
seeped	buzzed	banged	botched	jumped
welled	banged	dinged	pinched	buzzed
dinged	seeped	zoomed	packed	pinched

Concepts: ā-e ī-e CVCe

male	same	lake	tape	fade
fade	male	tape	same	lake
lake	male	tape	fade	same
tape	fade	male	same	lake

ripe	line	kite	side	tile
line	side	ripe	tile	kite
kite	tile	side	line	ripe
side	kite	line	tile	ripe

male	fade	tape	kite	tile
same	ripe	line	tape	fade
kite	line	side	lake	ripe
side	same	tile	male	lake

Concepts: ā-ē ī-ē CVCē

grape	snake	blade	stale	flame
flame	grape	stale	snake	blade
blade	grape	stale	flame	snake
stale	flame	grape	snake	blade

spite	brine	swipe	stile	glide
brine	stile	spite	glide	swipe
swipe	glide	stile	brine	spite
stile	swipe	brine	glide	spite

grape	flame	stale	swipe	glide
snake	spite	brine	stale	flame
swipe	brine	stile	blade	spite
stile	snake	glide	grape	blade

Concepts: ä ā-ē CVC CVCe

mat	tap	fad	sam	gab
gab	mat	sam	tap	fad
fad	mat	sam	gab	tap
sam	gab	mat	tap	fad
same	gabe	mate	tape	fade
gabe	tape	same	fade	mate
mate	fade	tape	gabe	same
tape	mate	gabe	fade	same
mat	gab	sam	mate	fade
tap	same	gabe	sam	gab
mate	gabe	tape	fad	same
tape	tap	fade	mat	fad

Concepts: i i-e CVC CVCe

bit	sid	rip	dim	fin
fin	bit	dim	sid	rip
rip	bit	dim	fin	sid
dim	fin	bit	sid	rip
fine	bite	side	ripe	dime
bite	ripe	fine	dime	side
side	dime	ripe	bite	fine
ripe	side	bite	dime	fine
bit	fin	dim	side	dime
sid	fine	bite	dim	fin
side	bite	ripe	rip	fine
ripe	sid	dime	bit	rip

Concepts: *ō-e ū-e CVCe*

home	mode	robe	joke	pole
pole	home	joke	mode	robe
robe	home	joke	pole	mode
joke	pole	home	mode	robe

duke	tune	cute	tube	rude
tune	tube	duke	rude	cute
cute	rude	tube	tune	duke
tube	cute	tune	rude	duke

home	pole	joke	cute	rude
mode	duke	tune	joke	pole
cute	tune	tube	robe	duke
tube	mode	rude	home	robe

Concepts: ō-ē ū-ē CCVCē

prone	slope	probe	smoke	stole
stole	prone	smoke	slope	probe
probe	prone	smoke	stole	slope
smoke	stole	prone	slope	probe

flute	brute	plume	prude	fluke
brute	prude	flute	fluke	plume
plume	fluke	prude	brute	flute
prude	plume	brute	fluke	flute

prone	stole	smoke	plume	fluke
slope	flute	brute	smoke	stole
plume	brute	prude	probe	flute
prude	slope	fluke	prone	probe

Concepts: ð ò-è CVC CVCè

dot	pop	rob	cod	tom
tom	dot	cod	pop	rob
rob	dot	cod	tom	pop
cod	tom	dot	pop	rob
tome	dote	pope	robe	code
dote	robe	tome	code	pope
pope	code	robe	dote	tome
robe	pope	dote	code	tome
dot	tom	cod	pope	code
pop	tome	dote	cod	tom
pope	dote	robe	rob	tome
robe	pop	code	dot	rob

Concepts: ū ū-e CCVC CCVCe

blub	spud	grub	drum	club
club	blub	drum	spud	grub
grub	blub	drum	club	spud
drum	club	blub	spud	grub

flume	prude	prune	crude	plume
prude	crude	flume	plume	prune
prune	plume	crude	prude	flume
crude	prune	prude	plume	flume

blub	club	drum	prune	plume
spud	flume	prude	drum	club
prune	prude	crude	grub	flume
crude	spud	plume	blub	grub

Concepts: VC°/CV'

submit	invest	cascade	compute	admit
admit	submit	compute	invest	cascade
cascade	submit	compute	admit	invest
compute	admit	submit	invest	cascade

impend	confide	consume	insist	intend
confide	insist	impend	intend	consume
consume	intend	insist	confide	impend
insist	confide	consume	intend	impend

submit	admit	compute	confide	intend
invest	impend	consume	compute	admit
consume	confide	insist	cascade	impend
insist	invest	intend	submit	cascade

Hank and Ping

King Hank had a big pink trunk. His pet skunk, Ping had his bunk 14
in this trunk. Hank was fond of Ping. There was a bad gang of finks that 30
wanted to do a big prank on the king. When the king was not there, they 46
got Ping out of his trunk, flung him in a bag, and ran for the pond. They 63
hid from the king by the bank of the pond. 73

When he got back, Hank went to see his pet in the trunk, but Ping 88
was not there. Hank could not think. Where was his skunk? He banged 101
on his gong and when it bonged, his men got there fast. "Where is 115
Ping?," he yelled. "Bring that skunk back fast! And if you catch the gang 129
that did this bad thing, I will hang them or send them to the plank!" 144

When the king's men ran to the bank of the pond, they got the gang 159
that had Ping. When Ping got out of the bag, he sunk his fangs in the 175
hand of the last fink! 180

The men set Ping back in his pink trunk. King Hank was so glad 194
to see Ping! "Thank you," he said to his men with a wink, and he sang 210
them a song for ending the prank. 217

Hank and Ping

King Hank had a big pink trunk. His pet skunk, Ping had his bunk in this trunk. Hank was fond of Ping. There was a bad gang of finks that wanted to do a big prank on the king. When the king was not there, they got Ping out of his trunk, flung him in a bag, and ran for the pond. They hid from the king by the bank of the pond.

When he got back, Hank went to see his pet in the trunk, but Ping was not there. Hank could not think. Where was his skunk? He banged on his gong and when it bonged, his men got there fast. "Where is Ping?," he yelled. "Bring that skunk back fast! And if you catch the gang that did this bad thing, I will hang them or send them to the plank!"

When the king's men ran to the bank of the pond, they got the gang that had Ping. When Ping got out of the bag, he sunk his fangs in the hand of the last fink!

The men set Ping back in his pink trunk. King Hank was so glad to see Ping! "Thank you," he said to his men with a wink, and he sang them a song for ending the prank.

bong	king	gong	ping	gang
gang	bong	ping	king	gong
gong	bong	ping	gang	king
ping	gang	bong	king	gong

thing	song	hang	bring	flung
song	bring	thing	flung	hang
hang	flung	bring	song	thing
bring	hang	song	flung	thing

bong	gang	ping	hang	flung
king	thing	song	ping	gang
hang	song	bring	gong	thing
bring	king	flung	bong	gong

fink	sunk	bank	wink	pink
pink	fink	wink	sunk	bank
bank	fink	wink	pink	sunk
wink	pink	fink	sunk	bank
hank	trunk	prank	thank	skunk
trunk	thank	hank	skunk	prank
prank	skunk	thank	trunk	hank
thank	prank	trunk	skunk	hank
fink	pink	wink	prank	skunk
sunk	hank	trunk	wink	pink
prank	trunk	thank	bank	hank
thank	sunk	skunk	fink	bank

fond back fast send pond

pond fond send back fast

fast fond send pond back

send pond fond back fast

will hand last with went

hand with will went last

last went with hand will

with last hand went will

fond pond send last went

back will hand send pond

last hand with fast will

with back went fond fast

out	they	for	was	you
you	out	was	they	for
for	out	was	you	they
was	you	out	they	for
of	from	there	said	where
from	said	of	where	there
there	where	said	from	of
said	there	from	where	of
out	you	was	there	where
they	of	from	was	you
there	from	said	for	of
said	they	where	out	for

Hank and Ping

- | | |
|-------------------------|----|
| 1. on his gong | 3 |
| 2. to the plank | 6 |
| 3. of the last fink | 10 |
| 4. for ending the prank | 14 |
| 5. this bad thing | 17 |
| 6. a big pink trunk | 21 |
| 7. on the king | 24 |
| 8. by the bank | 27 |
| 9. that had Ping | 30 |
| 10. in the hand | 33 |
| 11. with a wink | 36 |
| 12. them a song | 39 |

Hank and Ping

1. on his gong
2. to the plank
3. of the last fink
4. for ending the prank
5. this bad thing
6. a big pink trunk
7. on the king
8. by the bank
9. that had Ping
10. in the hand
11. with a wink
12. them a song

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Resources for Dyslexia

Source or link	Description
http://stories.audible.com	audible books for free during COVID-19
Nessy Virtual School	
RAZ Kids www.raz-kids.com Learning A-Z	Leveled ebooks
Renzulli Learning System https://renzullilearning.com/	free right now for gifted, special needs and all students
Literacy Nest https://www.theliteracynest.com	Blog, phonics, writing, Numerous OG activities; free during school closures
Vooks https://www.vooks.com/	A streaming library of animated children's storybooks. FREE
Teach Your Monster to Read https://www.teachyourmonstertoread.com	FREE Phonics and reading games
Learning Ally https://learningally.org/	Free audio book program for students with dyslexia
Starfall.com	Excellent for younger students up to grade 2 expressly for reading good phonics component.
Dyslexia Apps: Natural Reader Cursive Writing Wizard Simplex Spelling Dyslexia Quest Speechify Word Wizard Teach my Monster to Read Special Words Reading Eggs Wonster Words Phonics Genius Omoguru: Dyslexia Friendly Reader	

Directions for Rate Packets

Each Rate Selection consists of a story page, a story page with the number of words, three to five concept pages of words from the story, a phrase page, and a phrase page with the number of words.

Prepare Materials

- Count back timer is recommended.
- Copy and prepare Recording Sheet for each student.
- Copy story with number of words listed to the side for each student. Use this copy to mark errors and words per minute for the baseline timing of the story. You may want to make an additional copy of this page for the final timing of the story.
- Copy enough word pages for each student and a set for the person doing the timing. It is helpful to have extra copies available.
- Copy the phrase pages with the number of words listed to the side for each student. The person doing the timing notes number of words read in 30 seconds on this copy. It is easier to use a separate copy for each student.
- Copy a phrase page for each student that does not show the number of words for each phrase. It is helpful to have extra copies available.
- Make available bookmarks or index cards for students to use to keep their places.

Timings

Story – 1 minute
Words – 30 seconds
Phrases – 30 seconds
Retime story – 1 minute

Directions for initial timing of story

- Time story for 1 minute.
- Mark errors

^ insert, ~~the~~ or ~~the~~ omit, ^{to} ~~the~~ substitute, ↶ repeat, SC or ✓ self-corrected

- Count # of words read minus the errors (insertions, omissions, and substitutions) to obtain the words correct per minute.

words – errors = CWPM

- Give student the word after a five second pause.
- Enter the WCPM on the recording sheet.

Word Concept Directions

- Time for 30 seconds.
- When the student miscues the person doing the timing says the correct word. Student repeats the word and continues. This is not counted as an error because it penalizes the student's time.
- When the student pauses the person doing the timing gives the word after three seconds. Student repeats the word and continues.
- If the student completes the 60 words on the page in less than 30 seconds, the student returns to the top of the page and continues reading until the 30 seconds expires.
- Enter the number of correct words per minute (CWPM) the student read on the recording sheet. You will time the number of words read in 30 seconds, then double it to get the correct words read per minute.
- Continue timing the same page until the student reaches his/her peak performance. It is considered their peak performance when the student has three timings that are close.

Phrase Directions

- Time the phrase page for 30 seconds. Use a separate phrase page with the number of words per line to track each student as they read.
- When the student miscues the person doing the timing says the correct word. Student repeats the word(s) and continues. This is not counted as an error because it penalizes the student's time.
- When the student pauses the person doing the timing gives the word after three seconds. Student repeats the word and continues.
- If the student completes the phrase on the page in less than 30 seconds, the student returns to the top of the page and continues reading until the 30 seconds expires.
- The phrase page should only be timed three or four times.
- Enter the number of correct words per minute (CWPM) the student read on the recording sheet. You will time the number of words read in 30 seconds, then double it to get the correct words read per minute.

Retime Story

- The story is timed initially to obtain a baseline reading of the story. The story is not repeated over and over; the concept word pages and the phrases from the story are repeated. This final timing of the story follows the same procedures used during the first timing.

Rate Packet Recording Sheet

[illegible]

