



PO Box 1117 1602 W. Ferguson Rd  
Mt. Pleasant TX 75455  
(903)575-2092 fax (903)575-2077



## Physical Exam

☐ EHS (0-36 months) ☐ Head Start (3-5 years) ☐ Pre-K (3-5 years)

<input type="text"/>	<input type="text"/>	<input type="text"/>
Child's name/Nombre del Niño	Birthday/Fecha de Nacimiento	Room/Salón

Doctor/ Health Care Provider: The Head Start Program requires that each child have a complete health exam.  
Please complete ALL areas, sign, and date this form. Thank you

### Section 1 Physical Exam/Assessment

	Normal	Abnormal
Skin	<input type="checkbox"/>	<input type="checkbox"/>
EENT	<input type="checkbox"/>	<input type="checkbox"/>
Heart	<input type="checkbox"/>	<input type="checkbox"/>
Lungs	<input type="checkbox"/>	<input type="checkbox"/>
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>
Neuromuscular/Social	<input type="checkbox"/>	<input type="checkbox"/>
Genitalia	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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Doctor's Name (*Please Print*)

Address/Clinic

\_\_\_\_\_  
City \_\_\_\_\_, TX Zip Code \_\_\_\_\_

Phone Number

( ) \_\_\_\_\_

### Section 2-Standard Tests & Measurements

Blood Pressure \_\_\_\_\_ / \_\_\_\_\_ HR \_\_\_\_\_  
Height/Length \_\_\_\_\_ Weight \_\_\_\_\_ HC \_\_\_\_\_

**Hgb & Lead** are required at 12 months and  
**Lead** at 24 months or upon entering **Head Start**.

HGB or HCT \_\_\_\_\_ Date \_\_\_\_\_

Lead Level \_\_\_\_\_ Date \_\_\_\_\_

Vision/Hearing: Subjective for **EHS** children

Vision: Pass Fail Hearing: Pass Fail

Child is up-to-date on a schedule of age appropriate  
preventive and primary health care: Yes ☐ NO ☐

Allergies: \_\_\_\_\_

Please indicate any significant past medical  
history (surgeries, injuries, PT, OT, etc...)

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Please indicate if there are any concerns  
regarding mental health or cognitive delays.

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**Is the child currently being treated for any  
medical conditions?** Please state diagnosis and  
medication.

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I certify that I have examined the above child on this date and that he/she is able to participate in Early Head Start/Head Start/Pre-K activities.

Doctor/Health Care Provider Signature: \_\_\_\_\_ EXAM Date: \_\_\_\_\_