



October
Edition

Counselor Corner



News

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SCAN ME



For parent resources: Scan the QR above, and it will direct you to our Counselor's Corner on the E.C. Brice website.



October Guidance Curriculum

Making Responsible Decisions
Bully Prevention



October Kindness Award Goes to:



Pictured from left to right: Mia Gonzalez, Jasher Williams, Valerie Ramirez, Jayden Astudillo

Not Pictured: Cristian Brito, Valentina Copado, Caleb Romero, & Jacob Montoya

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Brice website: <https://www.mpisd.net/brice/counselors-corner/>





Counselor Dates to remember!

October 18th- Unity Day (WEAR ORANGE)
October 23-27th- Red Ribbon Week
October 26th- The NED Show

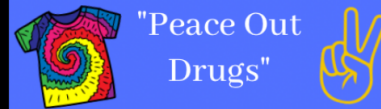
Red Ribbon Dress Up Days

 **MPISD**
**Red Ribbon
Week**
October 23-27

MONDAY 
"Proud to be Drug Free!"
(Enrique Camarena day)
WEAR RED

 **TUESDAY** 
"Sock it
to Drugs"
WEAR CRAZY SOCKS

WEDNESDAY



TIE DYE DAY

THURSDAY



"My Super Power
is Saying No
to Drugs"

SUPERHERO DAY

FRIDAY



"Don't Get Mixed
Up With Drugs!"

MIX & MATCH DAY

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Hello Awesome Elementary School Students,
I hope this newsletter finds you all in high spirits and ready to learn! This month, we're going to talk about something super important: making responsible decisions. It's a skill that will help you throughout your life, so let's dive right in!

Tips on How to Make Responsible Choices

1. Stop and Think: Before you make a decision, take a moment to think. Ask yourself, "Is this a safe choice? Is it kind to others? Will it make me proud?"
2. Ask for Help: Don't be afraid to ask grown-ups or friends for advice. They've been in your shoes and can offer great guidance.
3. Consider Consequences: Think about what might happen if you make a certain choice. Good decisions often lead to positive outcomes.

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4. Trust Your Gut: Sometimes, your inner voice tells you what's right. Listen to it, and follow your instincts.
5. Learn from Mistakes: Nobody's perfect! If you make a wrong choice, it's okay. Learn from it and try to do better next time.
6. Set Goals: Having clear goals can help you make better decisions. What do you want to achieve? Your choices should align with your goals.
7. Peer Pressure: If friends encourage you to make a choice that doesn't feel right, it's okay to say no. Real friends respect your decisions.
8. Be Patient: Rushing into decisions often leads to regrets. Take your time when you can.
9. Be Responsible: Responsible decisions show that you're growing up. It's a great way to earn trust from adults.
10. Celebrate Good Choices: When you make a responsible decision, celebrate your success! It'll motivate you to keep making wise choices.

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Remember, making responsible decisions isn't always easy, but it's an essential skill that will help you navigate life's twists and turns. Your teachers, parents, and I are here to support you every step of the way.

Stay curious, keep learning, and always be the amazing you that you are!

In the Classroom



Students learning how to identify the size of their problems and reactions while learning how to problem solve.