

September
Edition

Counselor Corner

News

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For parent resources: Please check out our Counselor's Corner on the E.C. Brice website: <https://www.mpisd.net/brice/counselors-corner/>



September Guidance Curriculum

Self Awareness
Social Awareness

August Kindness Award Goes to:



Pictured from left to right: Timothy Paul Chamness, Ayleen Licon, Eliana Memiji, Amelia Gonzalez, Ali Wilder, Beckett Barkley, Olivia Castaneda, & Kingston Knox.
Not Pictured: Julietta Parra & Vivan Patel

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Hello there, awesome students and parents! Welcome back to another edition of our E.C. Brice Counseling News. This month, we are going to talk about something super important – building strong friendships!

Why Are Friendships Important?

Friends make our days brighter and more fun. They're like the sprinkles on our ice cream cones because they add that extra sweetness to our lives! Having good friends helps us feel happy, supported, and less lonely. But just like plants need water to grow, friendships need care and attention too!

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Top Tips for Building Great Friendships:

1. **Be Kind and Respectful:** Treat others the way you want to be treated. Saying "please" and "thank you," and listening when others talk are simple ways to show kindness and respect.
2. **Share and Take Turns:** Just like you share toys and games, you should also share your thoughts and feelings. It's important to give your friends a chance to talk and express themselves.
3. **Find Common Interests:** Discover things you both enjoy doing – whether it's playing a sport, drawing, reading, or building cool things. Shared interests make great conversation starters!
4. **Be a Good Listener:** When your friend talks to you, listen carefully. This shows that you care about what they're saying. Sometimes, all a friend needs is someone to listen to them.
5. **Apologize and Forgive:** We all make mistakes, but saying sorry and forgiving each other helps keep friendships strong. Remember, we can grow from mistakes.
6. **Include Others:** Be inclusive and invite new friends to join in your games and activities. Being friendly and open to new friendships creates a happier school environment for everyone.