EARLY HEAD START

Breakfast, Lunch & Snack Menus/Desayuno, Almuerzo y Merienda

December/Diciembre 9 – December/Diciembre 13, 2019

Monday/Lunes 9	Tuesday/Martes 10	Wednesday/Miércoles 11	Thursday/Jueves 12	Friday/Viernes 13
Breakfast/Desayuno	**Breakfast/Desayuno**	**Breakfast/Desayuno**	**Breakfast/Desayuno**	**Breakfast/Desayuno**
Sausage & Biscuit	Corn Chex Cereal	Mini Maple Pancakes	Strawberry Yogurt	Blueberry Muffin
Salchicha y Panecillo	Cereal de Corn Chex	Mini Hot Cake de Maple	Yogur de Fresa	Muffin de Arándano Azul
Orange Juice	Peaches	Apple Juice	Sliced Pears	Orange Juice
Jugo de Naranja	Durazno	Jugo de Manzana	Rebanadas de Peras	Jugo de Naranja
Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
Leche	Leche	Leche	Leche	Leche
Lunch/Almuerzo	**Lunch/Almuerzo**	**Lunch/Almuerzo**	**Lunch/Almuerzo**	**Lunch/Almuerzo**
Mini Burger on Bun	Chicken Fajita	Pot Roast	Pop Corn Chicken	Chicken Spaghetti
Mini Hamburguesa	Fajita de Pollo	Carne al Horno	Palomitas de Pollo	Espagueti con Pollo
Potato Smiles	Pinto Beans	Poll	Sweet Potato Fries	Green Beans
Sonrisas de Papa	Frijoles	Panecillo	Papas de Camote	Ejotes
Ketchup & Pickles	Applesauce	Mashed Potatoes	Orange Wedges	Fruit Cocktail
Kétchup y Pepinos	Pure de Manzana	Pure de Papa	Rebanadas de Naranja	Coctel de Fruta
Pineapple Tidbits	Milk Choice	Pears	Milk Choice/Leche	Milk Choice
Trocitos de Pina	Leche	Peras		Leche
Milk Choice/Leche		Milk Choice/Leche		
Snack/Merienda	**Snack/Merienda**	**Snack/Merienda**	**Snack/Merienda**	**Snack/Merienda**
Peaches	Baby Crackers	Applesauce	½ Turkey Sandwich	Gold Fish
Durazno	Galletitas de Bebe	Pure de Manzana	½ Sándwich de Pavo	Galletitas de Gold Fish
Milk Choice	Orange Juice	Milk Choice	Apple Juice	Milk Choice
Leche	Jugo de Naranja	Leche	Jugo de Manzana	Leche

Menu Subject to Change/El Menú Podría Cambiar

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