

EARLY HEAD START

Breakfast, Lunch & Snack Menus/Desayuno, Almuerzo y Merienda

April/Abril 8 – April/Abril 12, 2019

Monday/Lunes 8	Tuesday/Martes 9	Wednesday/Miércoles 10	Thursday/Jueves 11	Friday/Viernes 12
Breakfast/Desayuno French Toast Pan Tostado Francés Orange Juice Jugo de Naranja Milk Choice Leche	Breakfast/Desayuno Eggstravaganza & Huevos Revueltos y Toast Pan Tostado Mandarin Oranges Mandarinas Milk Choice/Leche	Breakfast/Desayuno Breakfast Pizza Pizza de Desayuno Apple Juice Jugo de Manzana Milk Choice Leche	Breakfast/Desayuno Rice Krispies Cereal Cereal de Rice Krispies Toast Pan Tostado Banana Plátano Milk Choice/Leche	Breakfast/Desayuno Chicken n' Roll Pollo Empanizado y Panecillo Orange Juice Jugo de Naranja Milk Choice Leche
Lunch/Almuerzo Chicken Spaghetti Espagueti de Pollo Roll Panecillo Green Beans Ejotes Peaches Duraznos Milk Choice Leche	Lunch/Almuerzo Cheese Pizza Pizza de Queso Steamed Broccoli Brócoli al Vapor Applesauce Puré de Manzana Milk Choice Leche	Lunch/Almuerzo Hamburger on Bun Hamburguesa Potato Smiles Sonrisas de Papa Ketchup Salsa de Tomate Pineapple Tidbits Trocitos de Pina Milk Choice Leche	Lunch/Almuerzo Steak Fingers Barritas de Bistec Empanizado Roll Panecillo Mashed Potatoes Puré de Papa Ketchup Salsa de Tomate Pears/Peras Milk Choice/Leche	Lunch/Almuerzo Chicken Rings w/Ketchup Anillos de Pollo Roll Panecillo Baby Carrots Zanahorias Fruit Cocktail Coctel de Fruta Milk Choice Leche
Snack/Merienda Fruit Cocktail Coctel de Fruta Milk Choice Leche	Snack/Merienda Cheerios Cereal Cereal de Cheerios Orange Juice Jugo de Naranja	Snack/Merienda Applesauce Puré de Manzana Milk Choice Leche	Snack/Merienda Yogurt Yogur Apple Juice Jugo de Naranja	Snack/Merienda Mandarin Oranges Mandarinas Milk Choice Leche

Menu Subject to Change/EI Menú Podría Cambiar

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