

EARLY HEAD START

Breakfast, Lunch & Snack Menus/Desayuno, Almuerzo y Merienda

April/Abril 15 – April/Abril 19, 2019

Monday/Lunes 15	Tuesday/Martes 16	Wednesday/Miércoles 17	Thursday/Jueves 18	Friday/Viernes 19
Breakfast/Desayuno	Breakfast/Desayuno	Breakfast/Desayuno	Breakfast/Desayuno	Breakfast/Desayuno
Mini Pancakes	Rice Krispies Cereal	Scrambled Eggs w/Toast	Cheerios Cereal	No School
Mini Hot Cakes	Cereal Rice	Huevos Revueltos c/Pan Tostado	Cereal de Cheerios	No Hay Escuela
Orange Juice	Applesauce	Orange Juice	Banana	
Jugo de Naranja	Puré de Manzana	Jugo de Naranja	Plátano	
Milk Choice	Milk Choice	Milk Choice	Milk Choice	
Lunch/Almuerzo	Lunch/Almuerzo	Lunch/Almuerzo	Lunch/Almuerzo	Lunch/Almuerzo
Turkey & Cheese Panini	Chicken on Bun	Steak Fingers	Salisbury Steak	
Panini de Pavo y Queso	Pan con Pollo	Barritas de Bistec Empanizado	Bistec en Aderezo Salisbury	
French Fries w/Ketchup	Baked Beans	Bread Sticks	Roll	Enjoy Your Friday Off!
Papas Fritas c/Ketchup	Frijoles al Horno	Barritas de Pan	Panecillo	Desfruta Tu Viernes Libre!
Applesauce	Pears	Mashed Potatoes	Steamed Carrots	
Puré de Manzana	Peras	Puré de Papa	Zanahorias al Vapor	
Milk Choice	Milk Choice	Tropical Fruit	Applesauce	
Leche	Leche	Fruta Tropical	Puré de Manzana	
		Milk Choice/Leche	Milk Choice/Leche	
Snack/Merienda	Snack/Merienda	Snack/Merienda	Snack/Merienda	Snack/Merienda
Sliced Peaches	Bread Stick	Applesauce	Turkey Tortilla	Have Fun!
Rebanadas de Durazno	Barritas de Pan	Puré de Manzana	Pavo Tortilla	Que Te Diviértas!
Milk Choice	Orange Juice	Milk Choice	Apple Juice	
Leche	Jugo de Naranja	Leche	Jugo de Manzana	

Menu Subject to Change/EI Menú Podría Cambiar

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