

EARLY HEAD START

Breakfast, Lunch & Snack Menus/Desayuno, Almuerzo y Merienda

February/Febrero 11 February/Febrero 15, 2019

Monday/Lunes 11	Tuesday/Martes 12	Wednesday/Miércoles 13	Thursday/Jueves 14	Friday/Viernes 15
Breakfast/Desayuno French Toast Pan Tostado Francés Orange Juice Jugo de Naranja Milk Choice Leche	Breakfast/Desayuno Eggstravaganza & Huevos Revueltos Toast Pan Tostado Mandarin Oranges Mandarinas Milk Choice/Leche	Breakfast/Desayuno Breakfast Pizza Pizza de Desayuno Apple Juice Jugo de Manzana Milk Choice Leche	Breakfast/Desayuno Rice Krispies Cereal Cereal de Rice Krispies Toast Pan Tostado Banana Plátano Milk Choice/Leche	Breakfast/Desayuno Chicken n' Roll Pollo Empanizado y Panecillo Orange Juice Jugo de Naranja Milk Choice Leche
Lunch/Almuerzo Chicken Spaghetti Espagueti con Pollo Roll Panecillo Green Beans Ejotes Peaches Durazno Milk Choice/Leche	Lunch/Almuerzo Cheese Pizza Pizza de Queso Steamed Broccoli Brócoli al Vapor Applesauce Puré de Manzana Milk Choice Leche	Lunch/Almuerzo Hamburger on Bun Hamburguesa en Pan Potato Smiles Sonrisas de Papitas Ketchup Salsa de Tomate Pineapple Tidbits Trocitos de Piña Milk Choice/Leche	Lunch/Almuerzo Steak Fingers Barritas de Bistec Empanizado Roll Panecillo Mashed Potatoes Puré de Papa Ketchup Salsa de Tomate Pears/Peras Milk Choice/Leche	Lunch/Almuerzo Chicken Rings w/Ketchup Anillos de Pollo c/Ketchup Roll Panecillo Baby Carrots Zanahoritas Fruit Cocktail Coctel de Fruta Milk Choice/Leche
Snack/Merienda Fruit Cocktail Coctel de Fruta Milk Choice Leche	Snack/Merienda Cheerios Cereal Cereal de Cheerios Orange Juice Jugo de Naranja	Snack/Merienda Applesauce Puré de Manzana Milk Choice Leche	Snack/Merienda Yogurt Yogur Apple Juice Jugo de Manzana	Snack/Merienda Mandarin Oranges Mandarinas Milk Choice Leche

Menu Subject to Change/EI Menú Podría Cambiar

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