

EARLY HEAD START

Breakfast, Lunch & Snack Menus/Desayuno, Almuerzo y Merienda

January/Enero 7 – January/Enero 11, 2019

Monday/Lunes 7	Tuesday/Martes 8	Wednesday/Miércoles 9	Thursday/Jueves 10	Friday/Viernes 11
Breakfast/Desayuno Sausage & Salchicha y Biscuit Panecillo Orange Juice Jugo de Naranja Milk Choice/Leche	Breakfast/Desayuno Corn Chex Cereal Cereal de Corn Chex Fruit Cocktail Coctel de Fruta Milk Choice Leche	Breakfast/Desayuno Mini Maple Pancakes Mini Hot Cakes de Maple Apple Juice Jugo de Manzana Milk Choice Leche	Breakfast/Desayuno Strawberry Yogurt Yogur de Fresa Sliced Pears Rebanadas de Peras Milk Choice Leche	Breakfast/Desayuno Blueberry Muffin Muffin de Arándano Azul Orange Juice Jugo de Naranja Milk Choice Leche
Lunch/Almuerzo Spaghetti & Meat Sausage Espagueti y Salsa de Carne Bread Stick Barritas de Pan Green Beans Ejotes Pineapple Tidbits Trocitos de Piña Milk Choice Leche	Lunch/Almuerzo Chicken Fajita Fajita de Pollo Pinto Beans Frijoles Applesauce Puré de Manzana Milk Choice Leche	Lunch/Almuerzo Pot Roast Carne Rostizada Roll Panecillo Mashed Potatoes Puré de Papa Pears Peras Milk Choice Leche	Lunch/Almuerzo Grilled Cheese Sandwich Sándwich Tostado de Queso Potato Smiles Sonrisas de Papas Ketchup Salsa de Tomate Orange Wedges Rebanadas de Naranja Milk Choice Leche	Lunch/Almuerzo Sloppy Joe on Bun/Sandwich de Carne Molido en Salsa Roja Baked Beans Frijoles al Horno Fruit Cocktail Coctel de Fruta Milk Choice Leche
Snack/Merienda Peaches Durazno Milk Choice Leche	Snack/Merienda Bread Sticks Barritas de Pan Apple Juice Jugo de Naranja	Snack/Merienda Applesauce Puré de Manzana Milk Choice Leche	Snack/Merienda Turkey Tortilla Tortilla con Pavo Orange Juice Jugo de Naranja	Snack/Merienda Gold Fish Galletitas Gold Fish Milk Choice Leche

Menu Subject to Change/El Menú Podría Cambiar

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